

Intro the Future

WELCOME TO INTRONESIA

STORM

Introduction week Storm

Utrecht 2-8 september

Preface

Dear first years,

I'm Tesse, the chair of the introduction committee and I have a short message for you! As you're reading this, it means that you are one of the lucky ones that are going to study Global Sustainability Science this year. After three or maybe even more months of holiday the exciting time of studying starts. But before you really start your new study, a great introduction week is awaiting you. Your student life starts here, and we are really excited to be part of this first week!

Let's take a look "intro the future." In the introduction week (September 2 to 8) you'll get to know Utrecht, your fellow students, and the lovely study association Storm and its members.

We will organize many fun activities and games around your study-related obligations (lectures). Your mentor parents will guide you through the week and show you the wonderful student life in Utrecht, from chilling sessions and parties to sustainability-related activities.

This booklet guides you through the introduction week. You can find information about the planning of the week, the accommodation, but also see what Storm has to offer, such as all the active (17!) committees Storm has. The booklet contains some interesting stuff about Utrecht and living here as well. You can find the packing list and summary of the programme near the end of this booklet. We, the Introduction Committee, have spent a year planning everything, and are looking forward to this week and seeing you all!!

I will also tell you something about our committee. The whole year, we have been busy to create the most memorable week we could think of. And the good thing is, we certainly enjoyed composing this week for you. Not only because it is a big responsibility to think of a week-filling programme, but also because we could do this all together. The committee (we will introduce ourselves to you on page 10) chose a weekend location, thought of all fun and some educational week activities, selected the best mentor parents you could wish for, and of course picked a theme for the week. During the week, you will mostly be together with your group and mentor parents and meet all the other groups. In the meantime, we will probably be working hard 'behind the scenes' to fix the last small things. So, it may be that you will not notice us a lot during the week, but remember that the committee looks forward to meeting the new first years as well! Thus, do not hesitate to approach us and have a chat, especially during the weekend!

Every year, the introduction committee is free to use its creativity in coming up with a theme for their year. What is this year's theme you might wonder? Well, that becomes more clear to you on page 4, where our theme, **Intro the Future**, will be explained. We can already say that we are looking forward to taking you to our imaginary island in the future: Intronesia!

So go on the introduction week and see what you'll find!

Much love,
The Introduction Committee of Storm 'Intronesia'
Tesse van den Aker



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The theme of the introduction

Letter from the Government of Intronesia

Dear future GSS students,

How wonderful that you are joining us in studying sustainability and that you want to change the world. During this introduction period, we are taking you to **Intro the Future**. Not just the future, we are travelling to the island of Intronesia. On this unique island, we are going to have the best time of our lives. **Intronesia** is an island with many distinct tribes; some may look rather peculiar, mysterious, or surreal, but they are all brilliant in their own unique way!

These are tribes that could all possibly develop in the future. If the world is headed in the right direction, we might get a lot of Happy Herbivores, but if we ignore our sustainable needs, the tribe of Plastic Soup Surfers could take over. Every tribe has its own properties and rituals; for example, the Bumbling Beekeepers make sure the bee populations on the island can thrive, yet on the other hand, there are the Shady Sheiks which are still polluting the air with their oil companies. Though in spite of these differences, the tribes all come together in harmony while listening to the beautiful Intronesia song, which lyrics can be found on the following page.

When you arrive on this extraordinary island, we have arranged that some lovely tribal elders show you around and teach you all the survival tricks you will need. Some of the tricks they learn you will also be applicable in your student life when we get back from the future. If you look somewhat further in this booklet, you can already see the tribal elders. These tribal elders will definitely feel like your own parents during the intro week, for this reason, we call them mentor parents. Next, to this, you will identify yourself with one of the many futuristic tribe members for a week. So, each tribe will have two (or three) of their very own enthusiastic mentors parents. These mentor parents will help you get accustomed to your new life in Utrecht and will do their very best to make you feel at home.

You will meet these tribal elders Monday the 2nd of September after the introductory talks in BOL 1.206. We, as the government, have faith in our inhabitants and we genuinely believe that we will experience a fantastic week together!

With lots of love,

DANIËL, EVA, EVA, GAETANE, RENS, TESSE, THOM & YZA
INTRODUCTION COMMITTEE STORM,
GOVERNMENT OF INTRONESIA



Introsong

The right choice
Raise your voice
Intro the future is where we are heading to
Intronesia
Packed your bags
Told all your friends
We told them that Storm is what takes you there
Intronesia
Have a beer
Dress up real nice
Go on introweek and see what you'll find
Intronesia

Shouldn't we all just take a look at the future at Intronesia
we can be,

Standing up, stand up
For the land we have built up
at Intronesia, ja ja
Don't be afraid of all the different vibes
No, just stand it up

Floe Floaters, Picky Poachers, Waste Wizards and Coral Caretakers
Many groups, here we have anything you want
That's right, anything you want
Have a beer
Dressed up real nice
Intro the future is where these groups are found

Shouldn't we all just take a look at the future
at Intronesia, so we can

Wake up, wake up,
In the land of Intronesia
no, we're gonna build it up, build it up
Don't be afraid of all the different vibes at
Intronesia, wake up,
In the land of Intronesia
no, we're gonna build it up, build it up
Don't be afraid of all the different vibes at Intronesia
Intronesia



Study Association Storm

Study Association Storm

You probably have received a ton of information about different student organisations, study associations and other groups you can join as a student. All this information may be a little confusing, which is why you will find a small explanation about who we are in this booklet. Storm is an organisation for all who follow an environmental study programme here at the University of Utrecht (UU). Our members either do the bachelor programme 'Global Sustainability Science' or the master programmes 'Sustainable Development' and 'Water Science and Management'. Every student becomes a member of Storm, which automatically gives you a discount on your books when you order them via our website. Whether or not you plan on becoming active within the association, everyone is always welcome!

Who are we and what do we do?

Storm has 17 active committees, which organise all kinds of fun activities. These activities range from parties, sports and (foreign) trips, to excursions and career related activities. Storm has its own room where you can relax before, during, and after classes, located in the Buys Ballotgebouw. During this time you can chill and play games with other Stormers from all different years whilst enjoying free coffee and tea.

Storm is there for every type of student, providing you with tools for your studies and future career, but also with plenty of events that enrich your 'student life'!



Storm agenda

As mentioned above, Storm organises many activities in a year. On our website (<https://www.stormutrecht.nl/home>), all the events can be found. For almost all events of Storm, the website is also the place to sign up with your personal account. On the first day of the introduction week, there will be time to create your personal account for the Storm website. Take a look if you are interested in what we are doing at the moment! Below, you find some activities that will take place in the first weeks of the new academic year, so that you can save the dates if you would like to join them!

Date	Activity
10th of September	Integration Activity
11th of September	Outdoor Activity
18th of September	Cycling Dinner
19th of September	Pub Crawl
25th of September	General Meeting Storm - Installation new board
1st of October	'Change of boards' party
18, 19, 20 October	Members weekend



Detailed Programme

Here you will find a detailed description of everything we are going to do during the introduction week. Please note: your mentors or somebody from the committee will always have a place for you to sleep if you don't have a room in Utrecht yet. So you don't need to worry about that ;) For some you may be required to bring your own air mattress and sleeping bag if you want to stay the night. You'll also need a bike. If you don't have a bike yet, you can rent an OV-bike or a Swapfiets. We travel to a lot of different places in Utrecht, so it's crucial to have one!

Monday

Your introduction week will start on Monday the 2nd of September. You are expected at **Bolognalaan 1.206** between 8:30 and 9:00. The route to this building is explained later on in the booklet. We will start the day with a short introduction of Storm, the study association of Global Sustainability Science, and information about the week. This is followed by a speech of Pieter Louwman, the Study Advisor, who will tell important things regarding your study programme. After a short break, we will continue with a talk from Margien Bootsma, programme leader. Afterwards, you will finally meet the introduction group you have been assigned to. You will meet your mentor moms and dads that guide you and your fellow students through the week! During lunch, you will have time to get to know each other a bit better. After lunch, you will go to the computer rooms to register for the study association as well as the introduction weekend.

At 15:00, you will head to the city centre with your group to play life-size Monopoly! We transformed this popular board game into a real-life version. You will see the most famous locations of Utrecht while trying to win the game! When the game is finished, you will have dinner at your mentor's place with your group, where you can chill, have some drinks and get to know each other even better!

Tuesday

On Tuesday you will start the day with an inspiring talk from our patron Klaas van Egmond, this talk will take place in **KBG Atlas**. Afterwards, the introduction committee will explain how the rest of the day is scheduled as Tuesday is the day of the Sustainable Introduction Stunt (DIS)! Before heading towards the DIS, you will have an excursion to Food Forestry. This is a project where food is grown in an organic way in a forest. After this excursion, you will finally start the DIS at around 14:00. You are expected to either have made your own lunch beforehand or buy it in the time you have to travel to the location. For the DIS, the group will be split into five parts, as multiple activities have been planned. What you will exactly be doing on this day will be explained in the morning, as it is quite much to explain in a booklet, but it will definitely be entertaining and educative! After the DIS at around 17:00 we will head to

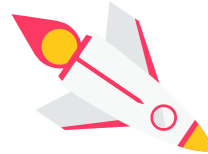
Karel V, where we will festively finish the day by announcing the winners and having some drinks! Afterwards, you will have dinner and pre-drinks with your mentor and group! You have to be at the Poema, a club in Utrecht, around 22:30 at the latest. Then, we will go in with everyone present, and that will be the start of a fun night out in Utrecht! However, we certainly did not forget the first years that are not yet 18 or not want to party, we arranged a few pooling tables at **OZEBI** pooling in the Nobelstraat. Some of the committee members will be here to assure you have a good time!

Wednesday

This morning you will start with your very first lecture of the course Sustainability Challenges! You are expected at the university at 10:00h. We already arranged for you that this time the lecture will start one hour later than it usually would, so please make sure to be there on time. The exact lecture hall will be communicated to you later by the university.

After your lecture, Storm organises a chill 'staff-student drinks', where you can meet the university staff and teachers that you will see more often in the coming years of your study. This is an informal setting, so you can ask (almost) anything you would like to know! After these staff-student drinks, we will head to the city centre again for dinner and bowling at **Bison Bowling**. Here the group will be divided in two: the first group starts with bowling at 18:00h while the other group then starts bowling. After 1.5 hours, the groups switch, so that the first group can have dinner and the second group will enjoy bowling.

After the Bison Bowling, we can enjoy a last drink in the pub we have our Monthly Drinks: **Walden**.



Thursday

Today you will have your first Mathematics & Systems Analysis lecture. This lecture will introduce you to the course and provides information for you to start your first computer practical on the course. The lecture will be from 9:00 to 11:00, afterwards you will have the computer practical, which is from 11:00 to 13:00. The exact location for this will later be communicated to you by the university. After the obligatory classes, we have arranged a brilliant quiz for you in the lecture hall **KBG Atlas**, and if you do well you may even win a prize! Here there will also be an opportunity for you to buy lunch. The charity committee of Storm has a tradition called Thursday Treats, at which you can buy yourself lunch and support a charity! After the quiz and lunch, you are free to go home, you have a wonderful weekend to prepare for!

Friday

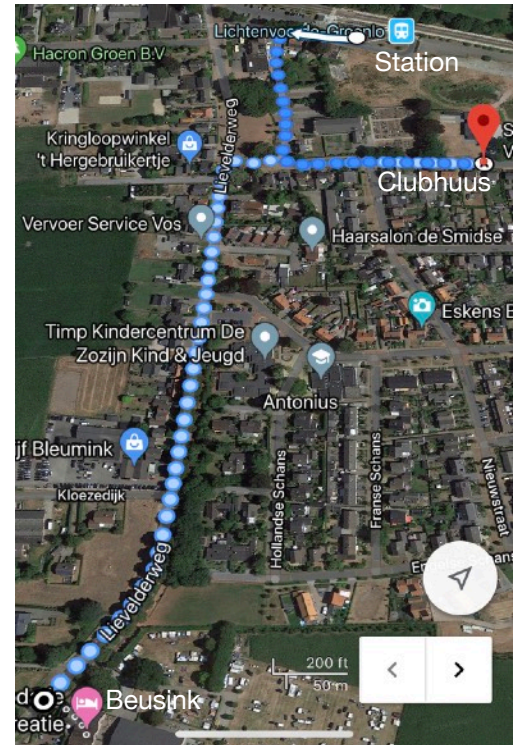
The morning you can recover a bit from the fun first days in the study! You are expected to take the train from Utrecht or the place where you are to **station Lichtenvoorde-Groenlo**, which will take roughly 1.5 hours. From the station, it is only a short walk to the 'Clubhuus'. Which can be seen in the picture. Here we will drop our bags since we cannot yet enter the accommodation the **Beusink**, which can be seen in the bottom left of the picture. You are expected to be at the location at 14:00. After you've dropped your bags, we will start with a game of real-life Cluedo, in which you will have to solve a murder that took place on Intronesia. We will have dinner around 19:00 and the rest of the evening you have the chance to have some drinks, chill and play some games.

Saturday

Saturday morning you will wake up at 8:30 because once more we have a bunch of fun activities planned for you! After having breakfast and preparing your own lunch, there will be a short explanation about the day. This day the group will be split into two. The first group will start off with a treasure hunt on bikes through the field of Lievelede, the second group starts with some fun games we have prepared for you at the accommodation. Around lunchtime the groups will be finished and will do the other activity. In the afternoon you will get to know the committees of Storm, can ask all your questions, and also subscribe for one if you want! At 17:30, the assigned groups will be preparing the dinner, we will have dinner around 19:00, and after that, it is time to chill and of course partyyyy!!

Sunday

On Sunday we will have a nice breakfast together for the last time this weekend. Afterwards, we will clean up the accommodation and then you are all off to go home again.



Gaetane Demyttenaere

Age: 20

Living situation:

I'm currently living in a student house, near the centre of Utrecht, together with my 'commissie genoot' Eva. By the time the intro week has started I will however have (hopefully) found a new room to live in, because I really value the extra 1.5 hours of sleep I get by living in Utrecht.

What is your favourite Storm event?

It's so hard to choose, Storm has so many nice events. I think personally though my favourite event is the sustainable dinners, being an ex- Suschef and all. The vibe is always really chill, you get really good vegan food and get to know new people while enjoying a beer. Afterwards most people go to the monthly drinks together, which somehow has the ability of 'escalating' most of the time, even during exam week.

What do you do besides studying?

This year I became a proud Orcaan and can thus be seen rowing on the Merwedekanaal a couple times a week. I also love to cook and more often or not end up putting too much chili in my food and so I'm not allowed to touch herb when cooking with friends. Finally, I love to travel and experience new cultures which I hope to do a lot more of in the upcoming future.

What would you definitely take to an island?

If I'm being practical I would say a pocket knife, but that's not really the question, so I would take swimming goggles. I used to be quite a fanatic swimmer and also love the ocean, so what better to do on an island than swim around.

What is the best memory from your own introduction week?

My favourite memory of my intro week was the pre-drinks we had at our parents house before poema night. They had invited so many different groups to join us and we had a kind of mini- party before all going out together. It made it so easy to meet new people and talk.

What would you wake up in the middle of the night for?

If someone told me we were going on holiday I would instantly wake up. It doesn't really matter where we're going or for how long, but just the fact of leaving real life and responsibilities for a bit always hypes me up.

What is the funniest thing that happened to you in your student life?

I think the funniest thing that happened to me happened on a night out, I was biking home with some friends and we saw a guy running through the streets naked. It was raining so the street were filled with puddles, and just as a bus came he passed a puddle and the guy got completely soaked. Also a little sad, but mostly funny for us.

When should you avoid me during the introduction week?

I'm usually quite a morning person, so at the start of the day I can always be approached. Being a student you also learn to survive while being really sleep deprived, however at that point I really do need my coffee, so if I haven't gotten that yet I may be a little off.

Tesse about Gaetane

Gaetane is the most sporty girl of our committee. She is very sweet and super nice to work with. This 'Hagenaar' is always open for a nice talk. She is trustworthy and you can always rely on her for doing her tasks. If you see Gaetane, I challenge you to spell her name right, and if you can do that, then try her last name! After struggling with spelling her name, she challenges the committee every week pronouncing a random capital city hidden in our minutes.



Thom van Rij

Age: 20

Living situation: I still live in Reeuwijk, near cheese town aka Gouda, but I am looking for a room in Utrecht right now. Reeuwijk is a lovely place but U is better, since there is something more than water in Utrecht.

What's your favourite Storm event?

Uhhh this is a hard one, but I think the coming INTROOOO. The most fun event that already happened was definitely the Crossing Borders trip. I will not go too much in detail, but I loved dancing and partying like crazy in Prague, taking over the hostel in Lipno and canoeing in Triglav!

What do you do besides studying?

Nothing, I study 24/7! No of course not. I divide my time between being with friends and girlfriend in Gouda and Utrecht, meeting with the Intro committee. Also, last year I played hockey and worked in a boring supermarket but I stopped with these last two.

What would you definitely take to an island?

A reusable drinking bottle, these things are life/planet saving things.

What is the best memory from your own introduction week?

Besides meeting a bunch of lovely and crazy die-hard sustainability geeks, I think my best memory is cycling with Meike on a tandem. This was a real adventure, because we found a woman's bag on the street, with everything in there; phone wallet etc. So we called with her phone, and in the evening the woman came to get her bag. Apparently, she was in her mid-thirties and was more messed up than we had been that night. She drank too much and ended up in the ditch and lost everything including her memory. So kids, don't drink too much!

What would you wake up in the middle of the night for?

I think you can't wake me up in the middle of the night, because I am a really deep sleeper, but if you manage to wake me, I probably want a hug or nachos with cheese and jalapeños (ohh and don't forget the guac)!

What is the funniest thing that happened to you in your student life?

I had too much funny things already in my short career as "student" because life is a joke. I think the moment I laughed hardest and longest about was a moment during the Crossing Borders trip. We saw a group of young Danish men, asked if they would love to be on a picture with us and after the picture they started singing, not just a song but a love song. Some of us were invited to dance with them and their end move was genius; they were all on their knees with one fist to their head. Okay, this probably sounds dull but ask Lisabelle about this and she will immediately start crying from laughter.

When should you avoid me during the introduction week?

When breakfast was shit and I couldn't brush my teeth yet!

Gaetane over Thom:

The first thing I think of when I hear Thom is: gossip, want to stay up to date about everything that is going on, become friends with Thom. And yes, you read it right, his name is spelt with a 'h', this is a fact you should never forget! Apart from that he is super hard working and great with making booklet layouts (*applause for Thom for this layout*). If you're in the need for a hug or just cheering up Thom is your man, you will never not laugh. I can honestly say he is one of the most organized committee members. And finally, being from Gouda we are able to make a lot of cheese jokes about him, which I don't think he really minds, I mean it could be a lot worse.



Yza de Ridder

Age: 20

Living situation:

I am living in a student house in the Vogelenbuurt, together with four others. My room is small, but has everything you need as a student! And thereby, I am not home that often anyways: Utrecht has so much to offer!

What is your favourite Storm event?

What a question to ask... The weekends are all legendary in their own way. Also, the Dies week (the week in which we celebrate the anniversary of the association) is a lot of fun, of which the cantus is one of the many activities. But if I need to mention a singular event? I really enjoyed mudflat hiking (wadlopen) this year!

What do you do besides studying?

Storm! Last year I did not really study, since I was doing a board year in Storm. For the coming year, I really should find a new sport.

What would you definitely take to an island?

If other people had to answer this question for me, they would probably say crisps because I am sort of addicted to that. But if I may answer it myself, I would probably take my surfboard (and sunscreen) because I love the sea and then you have something to do during the day!

What is the best memory from your own introduction week?

During my own introduction week and weekend, the weather was not good at all. Our accommodation of the weekend was in Austerlitz, close to Utrecht, so we went there by bike. On Saturday, there was one dry moment, so the committee decided to go to a heather field close by to play a game. Suddenly, the sky turned pitch black and it started thundering and storming (!). We rushed to the accommodation, but everyone was already soaked because of the heavy rain. People were exchanging dry cloths, which certainly was great bonding ;)

What would you wake up in the middle of the night for?

If it is a warm summer night with a clear sky: stargazing with the people I love. However, 'Cow cuddling' would be a close second.

What is the funniest thing that happened to you in your student life?

As a student, you will find yourself carrying around random things across the city at maybe even more random times of the day. The best thing is, no one will mind, since 'you are a student'. I love that 'everything-is-allowed' atmosphere!

When should you avoid me during the introduction week?

When people deliberately misbehave. I really do not like it when people act in a disrespectful way.

Thom about Yza

I have known Yza for quite some time, because we went to the same high school in Gouda. Once we were mentor parents for the first-year high schoolers. So we have quite some experience handling first years. We talk a lot about the cheese, memories and things from Gouda to annoy the other committee members, especially our candidate chair Rens doesn't like it. But if you want to know more about the cheese or stroopwafels you can ask us, a city tour is also arrangeable (Benthe can recommend). Yza was a year above me in high school and I always have seen Yza as the responsible mom from her group. During the time we were in the same committee, this view kind of changed. She actually has no "ruggengraat" and you can always take her with you to a partehhhh!! What hasn't changed in my view is that Yza is a sweet and lovely girl, but the most important thing you need to know about Yza is that she is a master in hugging, so when you need a hug, go to Yza and you will be happy again!



Rens van den Berg

Age: 20

Living situation:

I live with 21 housemates in the south of Utrecht, where it is very nice to have dinner, because you are never alone so it is always very gezellig (sorry internationals, there is no translation for this word in English but please do ask me and I'll try to explain it).

What's your favourite Storm event?

The Crossing Borders trip is amazing, here you spend ten days with sixty Stormers on an awesome trip through different countries. For example, this year we went to Prague, Budapest and many more. It is very intense but with such a cool group of people you don't mind. Definitely recommendable.

What do you do besides studying?

I love to make some jamming sessions happen, I play drums and when those are too heavy to carry I bring my cajon, which is a drumbox in the common tongue.

What would you definitely take to an island?

A way off the island would be nice.

What is the best memory from your own introduction week?

There are so many, I had a blast. But what I remember best was that a thunderstorm was coming up and we had to evacuate from an open plain back to the accommodation. The rain was pouring down like crazy so the ground was slippery. Everybody first and older years alike were helping each other not to slip and get home safe and fast. Everybody was lending out dry clothes to others that had none left. This was amazing, everybody was really helping each other out. This was an awesome vibe that is a nice characterisation of Storm.

What would you wake up in the middle of the night for?

Not a lot honestly, I care about my sleep.

What is the funniest thing that happened to you in your student life?

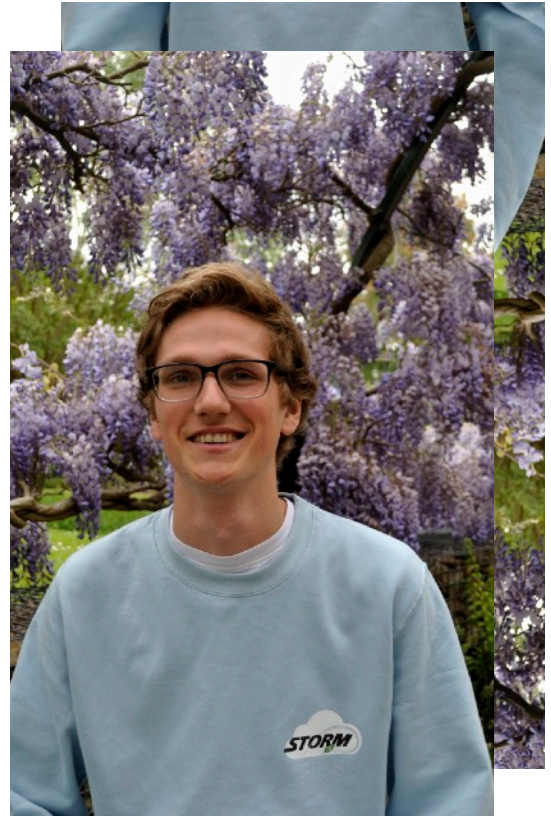
There are so many and I feel like Utrecht has a lot to offer, so do not be afraid to step out of your comfort zone every once in a while, because it has given me some of my best memories.

When should you avoid me during the introduction week?

Never, I look forward to meeting all of you. Nonetheless maybe some moments are less fit than others like when I look really busy.

Yza about Rens

In the committee, Rens has a nickname, namely 'Intrens' (a combination of Rens and Intense). This is because Rens is a very enthusiastic and dedicated committee member, but sometimes he can be a bit all over the place. Luckily, this is only because of his good intentions! Rens is very trustworthy and hospitable: his place was a real hotel for some of us. Thereby, he is always in for anything someone can come up with. I am not sure if this is always a good quality, but it certainly led to the great nights ;)



Daniël Zegeling

Age: 19

Living situation:

At the moment I'm still kind of split between Almere and Bussum, the towns where my parents live. But by the time you're reading this, I've hopefully moved to my own room in the wonderful city of Utrecht.

What's your favourite Storm event?

All of the weekends are extremely fun! This year I went to four of the weekends, and I had an amazing time at every single one of them. If I had to pick just one single event, I'd go for the cantus. You may not yet know what this is, but I promise you it is an amazing event.

What do you do besides studying?

Last year I mainly tried to hang out with friends, I'm a big fan of the Dutch 'gezelligheid'. In my spare time I also like watching tv-shows and reading books. This year I'll be dedicating my life to Storm, just as Yza did last year.

What would you definitely take to an island?

I'd bring scuba diving gear. This summer I'm planning on getting my scuba diving license, I would like to immediately put it to good use and see the wonders the seas of the island have to offer.

What is the best memory from your own introduction week?

I really loved the entire weekend. Both the days as the nights were amazing there and I had a great time. I also made many friends during the week whom I still chill with today.

What would you wake up in the middle of the night for?

To hear that uni is cancelled tomorrow and I can sleep for longer. When I wake up, especially in the middle of the night, there is nothing I want more than just going back to sleep. If I hear that I can sleep for even longer than planned, you've truly made my day.

What is the funniest thing that happened to you in your student life?

I'm not sure what the funniest story is. But I do remember once I was cycling back home with Land and we crashed our bikes into each other. That was quite funny afterwards.

When should you avoid me during the introduction week?

When I've just woken up in the morning I'm not the happiest of persons, especially if I haven't had my coffee yet. Just give me some time to wake up and it'll be alright.

Rens about Daniël

Daniël is an awesome guy, who is very outgoing, easy in contact and is (almost) always in for a party. He is super enthusiastic and always willing to pick up tasks left undone. He is the man who will always have a beer with me when no one else will. We also share a passion for Thursday, because come on, everybody knows that. So do walk up to him during the weekend because I am sure he would love to have a chat and a beer with you guys.



Eva Land

Age: 20

Living situation:

The beginning of this year I moved to the most exciting area of Utrecht to live as a student: the IBB (Ina Boudier-Bakkerlaan). This is a place very close to the city center where 1800 students live together peacefully (most of the time). If you want to see a world created by student minds I can highly recommend you to visit one of IBB's crazy parties so you can experience it yourself!

What's your favourite Storm event?

I have multiple favorite Storm events! The excursions by the LEX are always very interesting, especially the excursion to Oostvaardersplassen from last year. I also really enjoyed bouldering with the Outdoor Committee and of course all the (not so) memorable Storm parties.

What do you do besides studying?

I really enjoy visiting concerts, which is a reason why I also work at a concert venue in Utrecht named EKKO. I grew up in Haarlem and sometimes I still go surfing there (Bloemendaal aan zee is around the corner ;)) Another thing I really enjoy is cycling through nature or a city-walk on a sunny day.

What would you definitely take to an island?

An inspiring and entertaining book would be a must-have. Right now I think I would take 'We were liars' by E. Lockhart with me.

What is the best memory from your own introduction week?

We got a guided walk through the beautiful forest of Amelisweerd and afterwards partied in the Poema! This was a very nice and satisfying day.

What would you wake up in the middle of the night for?

I would wake up in the middle of the night for a friend in need. Or dancing to really good music with nice people. Or eating freshly-baked pie.

What is the funniest thing that happened to you in your student life?

So many things happen in one's student life that it's hard to keep memory of them sometimes. One of the nicest thing I found out my past student years is that you have more in common with some random other student than you might think in the first place. Utrecht is actually quite a small city with many students from different places in the Netherlands or other places in the world. Start talking with people about things you like and chances are high that some student shares this thought with you!

When should you avoid me during the introduction week?

I'm not much of a morning person so when I'm just out of bed I won't be as fun as I usually am. Or when I'm stressed out. A good cup of coffee and/or a good joke can do miracles tho!



Eva about Land

The first meeting we had with the introduction committee we decided it was Eva whose name had to be changed to Land, her last name; how sweet of her to make this sacrifice and let me keep my own name! No jokes, Land is the sweetest and cutest girl, gets things done and comes with the best ideas. Besides, she loves a good dark speciaalbier, especially at Kafé België. Land is also seen a lot at Ekko, a cool concert venue, where she works and makes us jealous with her instastories. For chill vibes and open and funny conversations, Land is where to go!



Eva Colussi

Age: 19

Living situation:

I live in Utrecht City centre but by the time you read this I moved out to either another room in Utrecht (hopefully) or to Bilthoven, a town close to Utrecht where my parents live.

What's your favourite Storm event?

BC! The crossing Borders trip was so much fun! The yearly organised 10-day trip was so intense, I made many new friends there. We went to amazing cities and beautiful nature which is the perfect combination for me. Besides, I love the monthly organised sustainable dinners and tosti-thursday, basically everything with food involved.

What do you do besides studying?

I play hockey, I play a lot of music, piano and guitar and I like listening to music, especially live. I also love cooking with friends because it is gezellig and cheap. I like planning trips, going out and besides, I also work in a lunch room / coffee store, serving cappuccinos all day. And also drinking some myself :)

What would you definitely take to an island?

Someone else!

What is the best memory from your own introduction week?

Making selfies with my intro- mom, brothers and sisters in the corn field in Lievelede at night. And climbing on Alexanders (intro dad) risky rooftop, having a beautiful view on Utrecht at night. Basically my entire introduction group was the coolest combination of people, we are still friends and have introgroup reunions!

For what may someone wake you up at night?

A surprise holiday would really be appreciated. Including a breakfast consisting of poffertjes.

What is the funniest thing that happened to you in your student life?

When I was eating a restaurant, I got an extra doggy bag full of food because I was the 'student'. Clearly not the funniest, but definitely the most convenient thing.

When should you avoid me during the introduction week?

You should avoid me if my coffee order takes too long to come.



Daniël about Eva:

The only and best Eva of our committee! Jokes aside, Eva genuinely is a lovely person, who is always down for a chat and some food. She likes to party and have a laugh but can of course be serious when she needs to be. Next to that, Eva is musically very talented! She is one of the main composers of the magnificent Intronesia song and performed multiple times throughout the year! I'm sure she will be up for some jamming or just a nice chat during the IntroWeek, so don't hesitate to talk to her!



Tesse van den Aker

Age: 21

Living situation:

I live with three really good friends, which is a lot of fun but not always good for my study. We live at a very nice place close to the Spoorwegmuseum and the IBB.

What's your favourite Storm event?

BC was one of the most fun events from Storm, but since you already read about that a couple of times, I'll tell you about one of my other favourites. Two years ago we had a ghost tour in an abandoned hospital, which was a really creepy place. There were music boxes with laughing children and there was a clown, super scary. I was one of the ghosts, but I think I was more scared than the people walking the tour.

What do you do besides studying?

Last year I started rowing at Orca so you can often find me there in the boat. In the weekends I have a rowing competition or I give exam training. I also try to chill a lot with my friends and housemates and when I have time left I play saxophone as well (which unfortunately did not happen a lot last year).

What would you definitely take to an island?

I'll bring a rowing boat and try to row back home.

What is the best memory from your own introduction week?

After the first day of activities we went chilling in the park with a lot of groups. The vibe there was super nice and I got to know many people there.

What would you wake up in the middle of the night for?

Celebrating carnaval!!!! However, I don't think you have to wake me up then since I'll probably be awake anyway.

What is the funniest thing that happened to you in your student life?

The funniest thing that happened to me was when I went camping in the Beekse Bergen with my friends. There was this big party, and there is always this tradition that you have to climb up this buttered-up pole with a pair of panties on top and try to get them in order to get free beer for the rest of the night. It's super weird and random, but so much fun, because everyone tries to pull you down when you're climbing up. It's hilarious to see.

When should you avoid me during the introduction week?

During the afternoon dip, but if I know that's coming I'll fix it with coffee so you don't have to avoid me.



Eva about Tesse

Tesse is our power-chairwoman. She is sporty; a rower at Orca but also knows how to party like a real Brabander! Talk about carnaval with her and you for sure can get a smile on Tesses face. She knows how to work hard and also knows how to keep us (the rest of the committee) working hard towards our goals. Tesse is a very kind and hospitable person who will also be there for you. Even though she sometimes goes missing after a night out, you know you can always count on her!



Current Chairman of Storm: Lisabelle

Dear Stormers-to-be,

I am Lisabelle (but everyone calls me Lizzy), the chairman of Storm. You may have seen me during one of the open days last year or during a 'Student for a day'. I am glad we gave a good impression and that you are going to study GSS! And even more importantly, GSS comes with an amazing study association: Storm!

Storm is for everyone who is studying Global Sustainability Science or doing one of the Masters: Sustainable Development or Water, Science and Management. Storm is known for its open, friendly, inclusive and low-key atmosphere. I hope you will get this impression about Storm during the introduction week and that you feel super welcome to join the activities, to come to the Storm room, to talk to everyone and sign up for a committee if you are interested!

We have lots of possibilities for you to become active within the association. I understand the concept of study associations is maybe a bit vague, but basically Storm has a Board that keeps an overview of the association, and 17 wonderful committees that organize a lot of activities throughout the year.

All in all, the most important thing is that Storm supports the Stormers in their study and their student life. You'll soon come to learn that Stormers are always up for a chat, so do not be scared of approaching everyone you encounter during the introduction week and throughout the year! I'm looking forward to seeing all of you during the introduction week, so see you soon!

Love,

Lisabelle Busscher

h.t. Chairman of the 28th board of Storm



“Storm is known for its open, friendly, inclusive and low-key atmosphere.”



Candidate Chairman of Storm: Rens

Dear all,

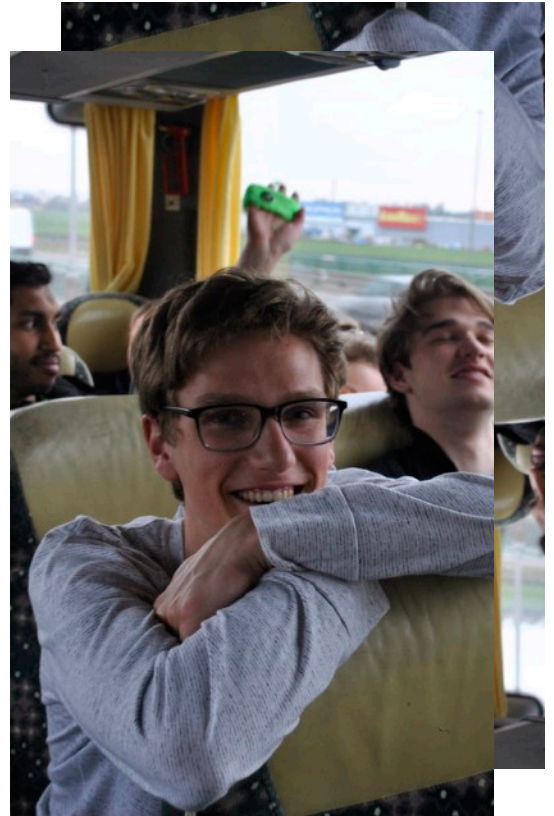
I am Rens van den Berg, love to play drums and meet some new people with a beer in my right hand. I am also the candidate Chairman of Storm and would like to welcome you to the study Global Sustainability Science. Global Sustainability Science is a great study which has a lot to offer and I hope you will enjoy it as much as I have been doing.

Whether you have studied before or not, you have made a big step and an awesome time in your life is ahead: 'the student life'. I remember my first year very well. The intro week back then was awesome and I was amazed by all the people who had the same world vision as me. I joined the photography committee and enjoyed a lot of the Storm activities such as a beer cantus, vegan dinners an awesome trip abroad (BC) and opportunities to work on my career.

This year I did the introduction committee which of the result still has to come and for which I can't wait. I am sure it will be great and you will all have a great time. Since May, I'm the candidate chairman. I can not wait to meet all of you and enjoy the company in what is going to be an exciting year full of experiences. Enough about me, during this week you will meet some great friends and pick up some great memories. The rest of the year you will study, but must also not forget to enjoy other things as well. So, enjoy and see you in September. ;)

Greetz,

Rens van den Berg
f.t. Chairman of the 29th board of Storm



“I can not wait to meet all of you and enjoy the company in what is going to be an exciting year full of experiences.”



Candidate Commissioner of Internal Affairs of Storm: Marieke

Dear first year GSS-ers!

Soon your life as a student here in Utrecht will begin!

These years (some might even say they are the best years of your life) are filled with lots of fun, new friends and incredible memories. This introduction week will help you find your way around Utrecht and the GSS program and will be an amazing start to your student life here!

My name is Marieke and I am the candidate Commissioner of Internal Affairs of the 29th board of Storm. Together with the rest of the candidate board, we hope to make you feel welcomed here in Utrecht and at Storm. As the candidate Commissioner of Internal Affairs one of my main tasks is to be a contact person between the members of Storm and the board. So if you ever have any questions or need advice, feel free to contact me!

You can always find me or other members of the candidate board in the Buys Ballot building in room 2.79. This room is also known as the Storm room, where you can come and chill, drink some free coffee and tea or play some awesome videogames.

If you can't reach me in person, I am always available via WhatsApp on +31681632770 or via email at intern@stormutrecht.nl

See you on September 2nd!

Marieke Wennemars
f.t. Commissioner of Internal Affairs of the 29th board of Storm



“So if you ever have any questions or need advice, feel free to contact me!”



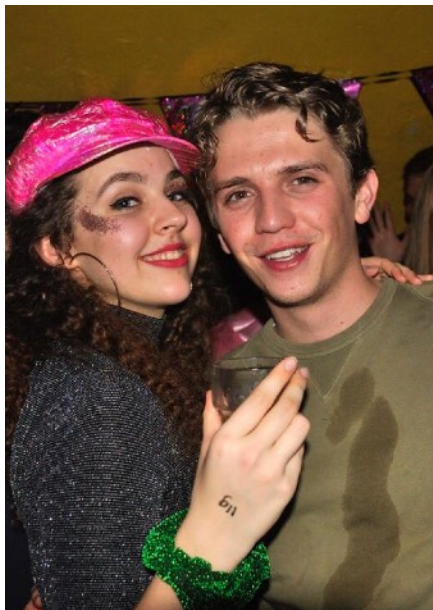
Mentor parents



Zerline & Romano
Plastic Soup Surfers



Jilles & Lotte
Cheeky Carnivores



Benthe & Jasper
Rainforest Rangers



Iris & Stijn
Dessert Dwellers





Inge & Jesse & Marieke
Aerial Agrarians



Julie & Luca
Shady Sheiks

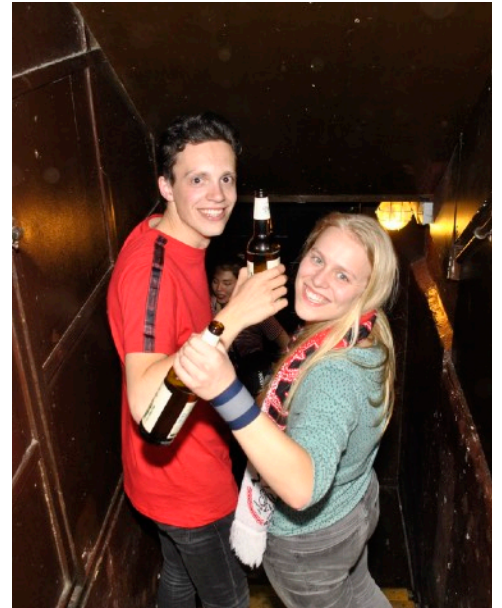


Lucas & Sacha
Intense Industrialists





Mathijs & Maite
Floe Floaters



Lars & Noë
Picky Poachers



Max & Elena
No Footprint Nomads



Hugo & Valerie
Coral Caretakers





Meike & Wout
Waste Wizards



Louis & Justine
Happy Herbivores



Rebecca & Jorian & Floor
Flood Fishers



Mentor parents



Tom & Lotte
Bumbling Beekeepers
🐝



Joshua & Nienke
Eco Friendly Family
👨‍👩‍👧‍👦



Mels & Anne
Tremendous Tree Huggers
🌳



Koen & Myrte
Rusty Robots
🤖



Committees of Storm

You will become a member of the study association Storm on the first day of the introduction week. As a member you have the opportunity to join one or more committees, which are described below. All these committees have a different function within the association. Every committee has place for 5 to 8 members to fulfill its tasks over the whole study year. If you decide to join a committee, you will have meetings with your committee to organise and set up activities for Stormers. Joining a committee is a great way to meet new people and give your own creative input to the organization of activities.

Crossing Borders Committee

The Crossing Borders Committee organizes an amazing trip abroad: BC. To be in the Crossing Borders Committee has been one of the highlights of my Storm life so far: it is quite an intense committee, with weekly meetings and a lot of to-do points in between meetings, but I think it is also one of the most rewarding committees. Seeing 60 fellow stormers having 10 amazing days which is made possible by your committee is truly something to remember! Also, you get very close with your committee members, leaving you with seven new friends for life :) If you are willing to work hard for your committee members and are ready for some responsibility and great fun, this committee might just be the right choice for you!

~ Inge Ossentjuk

Career Committee

The Career Committee is branded as the most 'serious' of Storm's committees and while there is some truth to that, it should not be confused with boring! The goal of this committee is to organize career-focused and fun activities to inspire Stormers with possible future job opportunities. You expand the students' knowledge of what is possible after your university degree in fun and exciting ways. To start building a professional network and come into contact with potential employers, you organize a career dinner and symposium and to help students with professionalization towards external parties, you organize a LinkedIn or CV workshop. By putting all this together, you yourself also acquire many skills that will be useful throughout the rest of your career, like how to establish and maintain contact with real-life clients, organize and promote big events and present yourself professionally. It's never too early to start exploring your options so join the best committee eveeeeer. And don't worry if it sounds daunting, your board member and previous committee members are always there to help out! Plus, it's a good excuse to dress all fancy :)

~ Geke de Jongh

Magazine Committee

After joining Pixcie in my first year, I decided to join the Magazine Committee in my second year. I can advise everyone to sign up for one of the many committees Storm has to offer! My time in the Magazine committee has not only taught me how to write an interesting article but allowed me to meet new Stormers to discuss and have fun with. Creating a magazine and writing the weekly blog has been a valuable experience for learning skills such as teamwork and planning. Also, you are certainly not only restricted to creating magazines, depending on how active your committee wants to be you can think of much more! Make sure to look at all committees and choose what suits you best!

~ Stan van den Bosch



E-Co

The E-Committee better known as E-Co, is probably the most creative committee within Storm since we make the poster for all the events we have during the year. Aside from making striking posters, we organize the Nerd Night full of fun and board games, the Game Week with various Wii games and any other event we come up with. We have committee meetings around once every four weeks. Last year we discussed a 'meetingly question' before starting every meeting so we could get to know each other better. An example of such question is: What kind of animal would you be if you had the choice? E-Co is a neat committee to use your creativity, stay on top of all the activities happening but is not very demanding because you can do the posters in your own time.

~ Luca van Til

Sports & Games Committee

The Sports and Games committee is a superrrr nice committee that organises a lot of fun activities. The committee organises sporty and game related events during the year and is responsible for organising a few Storm weekends! Last year, the committee organised a hitchhike weekend, a sailing weekend and the Jumping Jacks (the amazing S&G committee from last year 😊) also organised an additional surfing weekend. The activities and weekends are always a lot of fun and you will get to know a lot of other Stormers, while being active together! Next to weekends, the committee can also organise other activities like ice skating. The committee meets once every two weeks, in the meetings you will discuss everything about the upcoming events and after you will hang out together (the most fun part of every meeting for sure ;). So if you love sports/ games/ being active and meeting new people, the Sports and Games committee is definitely the right choice for you!

~ Maite van Dijk

Sustainability Committee

How is it like to be a Bee G (sustainability committee)?

Well, that question has an obvious answer. In one word: Awesome! This committee strives to raise more awareness about sustainability by the members of Storm. We want to make sustainability concrete and we plan all kinds of activities that has to do with implementing sustainability in your own (student) life. Storm has planned for the sustainability committee two weeks and some days in the academic year for some room for activities. An example of an activity is the food week that we organized. Every day a theme and a challenge attached to the theme that has to do with sustainability, for example palm oil free day and vegan day. Furthermore, we also organized a fun sustainable cocktail night, because who does not love cocktails?! Being part of the sustainability committee means a lot fun meetings, increase your organization skills and implementing your study into practice. It is really nice that the sustainability committee is very open for new ideas for activities because implementing sustainability requires some creativity. In short, the Bee G's try to make the world a little better!

~ Sheryll de Valk

Outdoor Committee

As you can maybe guess from our name, the Outdoor Committee organises only outdoor activities! This includes hiking, cycling, climbing, you name it! Of course our most traditional Dutch activities like ice skating or wadlopen are also possible! Since the Dutch weather can be really unpredictable, great planning skills and quick thinking are of course very welcome in this committee 😊. With this amazing little group of adventurers we went camping in the beautiful Veluwe and had a committee weekend away to Texel! What else could a person ask for?!

~ Saré Geurts



Kolokolo

First and foremost, this committee is the definite winner of the 'most creative committee name' and therefore by default is already a cool one. What do we do though? We raise money for charity. Every year, during the general meeting, our study association chooses a (sustainable) and ethical one that kolokolo is in charge of raising money for. These are usually small charities that you are in direct contact with and are super appreciative of your help, which makes you more motivated to put your time and energy in it!

To raise money we organize tons of fun activities such as an auction, a beer pong tournament, Sinterklaas activities and to top it off we make Toasties for the entire study association every Thursday! However, you and your fellow committee members are in total charge of this and free to do whatever you guys want. And not to worry, you will not be spending all your free time on this. We usually have biweekly meetings, with the occasional weekly meeting in the busier weeks of the year.

~ Valerie de Rijk

First Year Committee

The First year committee takes care of the integration between the first years and the older year students. In contrary to its name, the activities are not only accessible for first year students; this means you will make friends with students from your own year as well as with older years, which you will see regularly! The First year committee organizes all sorts of activities, from a dropping with a barbeque to a valentine's pub quiz. Because of the large variety of activities, the committee is suited for people with great difference in interests and hobbies. Every committee member has the opportunity to come up with fun and creative activities; the more input, the better. This means that you (with the help of your fellow committee members) could organize something that you are really passionate about! You will not have to meet every week, but only once every few weeks when an event is coming up. This does not mean you won't have the chance to bond with your committee, as previous committee members often organized multiple dinners and drinks together. You will also see each other during lectures and tutorials. If you would like to meet a lot of new people from your own year as well as from other years, while doing a variety of fun activities (and drinking some beers), the First Year Committee is definitely something for you!

~ Iris Theunis

Cooking Committee

Hi future Stormers, on behalf of my fellow SusChefs I will tell you something about what it is like to be in this committee! If you hadn't guessed it from our name, we form the cooking committee of Storm. This a relatively new committee as next year will only be the third year it exists. So what do we do? Basically everything that is food-related within Storm! Every month before the monthly drinks we organise a sustainable dinner. Once a year we organise the DIES dinner which is a bit more special and other activities such as a murder dinner and a cycling dinner (everything fully vegan). We meet quite regularly, at least once before every monthly dinner and on the day itself for groceries and preparation. The events are really accessible to every Stormer and a lot of fun so we are almost always full. It's a nice committee to keep in touch with a lot of Stormers whilst at the same time expanding your vegan cooking skills 😊.

~ Wieke Meijer

Party Committee

The party committee is very fun if you want to party. Not only do you organize all the parties throughout the year, like the Trick or Treat party and the DIESco to name a couple, it is also an excellent opportunity to meet new people from Storm. In general, as a committee we meet up every other week to plan upcoming parties and reflect on how previous parties have gone. The aim of our committee is to make sure the parties we organize run smoothly and make sure that everyone is having the time of their life. This year, the Party committee also got an extra task of organizing the Garden Festival which is a big event in the summer aimed at raising money for our chosen charity this year, Perma Atlas. So if you like to party, plan and drink beer with your friends, the Party Committee is something for you.

~ Kertan Nana



The Education and Promotion Committee

The Education and Promotion committee, or EdProCie, is like the psychologist of Storm. Every period we organize the CEP (Course Evaluation Panels), where students can come to us and speak their minds about the courses they have just finished. The CEPs provide a perfect opportunity to give feedback on these courses, but also on the course coordinators. However, this is not all we do. Every year, we organize a track afternoon for the first year GSS students, where students can get familiar with the different tracks and figure out which one they would like to follow. Moreover, we are responsible for the Parents day where students can bring their parents to uni. Finally, we organize the infamous staff student drinks and some excursions you go on during courses.

~ Helen de Graaff

The Photo Committee (Pixcie)

Pixcie is the photo committee of Storm. Different from most of other committees we do not organize events, but we make the pictures of the events. Every month (sometimes more often, sometimes less) we meet to divide the events over our photographers. At the events, we make sure to have some atmosphere photos to show the mood, and some close ups of the people who are there.

For joining this committee, you do not have to be experienced at all with photography. A lot of members of this year were motivated to join a low key committee and learn about photography. The most important thing to have to join this committee is some courage to get off on people and to make them smile! :)

I personally had already some more experience with photographing and to improve the quality of our photos, I gave the rest of my committee members a workshop on how a camera works and some tricks for a good photo. I also learned a lot myself; I expanded my skills for photographing and editing the photos.

You can make this committee as busy as you want; you can have a function in the committee, like being chairman, or do some extra chores, like making the monthly collage for in the storm room.

So if you are experienced or not, if you want to join a low key committee or a busy one; join Pixcie!

~ Myrte Blanken

LEX Committee

The LEX committee is a diverse committee; where other committees are organising parties and games, we choose to organise more contentful and fun, interactive activities. We organise lectures and excursions related to sustainability. This year we have mostly focused on circular economy, but the focus of next year is up to you! The LEX committee is an educational committee where you can build valuable friendships and explore the innovations and opportunities of sustainability.

~ Simon Remijn

Workgroups

Apart from committees we also have workgroups which are a little more low-key. We have workgroups such as the Batavierenrace, which is an estafette which runs from Nijmegen all the way to Enschede. For those who don't know how long this is, it's the longest estafette run in the world which ends with an amazing party!

We also have a Storm garden which you can help maintaining, growing veggies and more if you have creative ideas. There is also a music working group in which you can alongside some wonderful other musicians show off your musical talent. We have a working group that promote sustainability outside of Storm called the Sustainability working group and also collaborate with Move, where we stimulate and teach about sustainability on primary schools.



Our Patron: Klaas van Egmond

Storm, the study association for Environmental Sciences in Utrecht, is an essential part of a university based education, where young people are to become both scientists and balanced adults who can face the massive problems the world will have to solve during the coming decennia. In entering this so called 'Anthropocene', the face of the physical earth for the first time in human history, is determined by the human, social system, rather than the other way round. The Dutch comedian Freek de Jonge once said that the problem of our nowadays world is 'that everybody zooms in, and nobody zooms out'. Students in environmental and sustainability sciences just have to do both. Apart from the in-depth study on relevant specific subjects and the application of scientific methods, they in particular have to be able to understand the very complex interrelations, within the physical (eco)system, within the social system and between both. In this process, it is especially important for environmental scientist to be able to combine knowledge from different disciplines. Combining knowledge is a skill on its own. As always, students need to learn to specialize, but increasingly they also need to learn to receive and process

specialized information from others.

Storm plays an important role for that last aspect. It does so by organizing meetings and congresses related to the environment and sustainability and by creating more general educational activities that place the different disciplines in a broader context. Storm organizes a yearly career symposium in collaboration with different enterprises. Here students can orientate on their career after their time at the university. They also engage the parents of our students in their work and in their living environment by organizing the yearly parent day.

At the same time, the association stands up for the interests of the students with respect to the university, especially regarding the quality of our university courses. The members of the board keep a friendly and where necessary formal contact with the professors and staff. Beside this, the association also has a very important social function; she enables the individual student to acquire the necessary social network within the university community. Storm organizes excursions, vacations, weekends and of course parties because those



are just as much a part of student life as lectures and seminars. According to an old saying, you cannot understand the world, if you cannot understand yourself.
Prof ir Klaas van Egmond

Patron of Storm
(Emeritus) Professor of
Environmental Sciences &
Sustainability

“Every body
zooms in and
nobody zooms
out.”



Programme leader: Margien Bootsma

Welcome to Global
Sustainability Science!

During my visit a couple of years ago to Venice (some of you already may have recognised the location of the picture) together with my youngest daughter, I enjoyed walking around in this beautiful city very much. Not only because of its historical architecture, but also because of the silence as a result of the absence of cars, busses, motorcycles, scooters and bikes. Such a contrast with the traffic in and around Utrecht and the Uithof!

Venice, however, is also a city that faces serious sustainability challenges. The first of those challenges concerns how Venice can host the millions of tourists that visit the city every year in a sustainable way. Second, Venice is a city of water: it is built on islands, and the Venetian canals function as streets. Although Venice has a long history of coping with water levels, the current challenge of rising water levels caused by climate change in combination with soil subsidence due to shifting plate tectonics and industrial groundwater pumping is unprecedented.

These are just a few examples of the many sustainability challenges that you have decided to devote your (professional) life to. We will meet each other regularly during your participation in the Global Sustainability Science programme. First of all, in the

introductory course Sustainability Challenges we will explore the main causes of sustainability challenges and their solutions. Personally, I have been involved in teaching introductory courses in environmental and sustainability science quite some time now, and I am happy with this course that will introduce you to the field of sustainability science as well as several important academic skills. Second, as the programme leader, you can always approach me with questions about or remarks on the programme. And thirdly, as the Honours Director of our Faculty of Geosciences, I am happy to invite those of you who are looking for an extra challenge within and on top of your Global Sustainability Science programme to join the Geosciences Honours programme. You're about to start your new adventure of becoming a sustainability scientist. You will meet new people, and make new friends – some of them will turn out to be friends for life. So, again, welcome to Utrecht University and Global Sustainability Science. Have fun, be inspired, challenge your peer students, you lecturers and, most of all, challenge yourself!



Dr. Margien Bootsma

Associate professor Environmental
Sciences

“You're about to start your new adventure of becoming a sustainability scientist.”



About Utrecht

The City of Utrecht has lots to offer to you as a student. This typical Dutch city, with 348000 inhabitants of which 67.500 are students, provides the best facilities for a sparkling student life!

Hotspots and Highlights

Neude

The first hotspot you find after leaving the central station is Neude. Neude is Utrecht's most famous square for tourists and students. In summertime, the place is filled with terraces, and during the winter the square is used as an ice rink. Neude is nationally known for its place on the Dutch monopoly board.

The Dom

The highest building of the city is the tower of the Dom Cathedral. With its 112,32 meters in height The Dom is a symbolic landmark and one of the most touristic places of Utrecht. The citizens are so attached to the sacred tower, it is not allowed to build buildings that are higher than The Dom in the city centre.

Wilhelmina Park

One of the best spots in Utrecht to relax on sunny days. The Wilhelmina Park is located on the way downtown from The Uithof. The park offers greens to play ball or to keep up your tan. Bring some drinks and enjoy the sun!

The Uithof

Here, you can find the biggest concentration of knowledge in the Netherlands. The Uithof is the name of the science park in East Utrecht. Most of your classes during your academic time are given somewhere on The Uithof. It is a place for learning but also a spot for socializing.

Nightlife

Utrecht's nightlife has something to offer to every type of person on almost every night of the week. All bars and clubs are at walking distance on Neude, Janskerkhof, Nobelstraat and many other places. Storm also organizes great parties and once a month there is a drink for all its members. On Thursdays, the Tivoli Vredenburg is the place to be! During the weekends all the clubs and bars are open for some drinks and your best dance moves. Also, make sure you join the crazy student house parties all over the city! Of course, you can (and should) also ask you intro parents for the best places to go, since they have experienced it all!



Studying at the UU

New to studying? Here are some tips. This info should get you on the right track.

Blackboard, Osiris and other platforms

The first one sounds like a thriller series and the second one is an ancient Egyptian God. However these two platforms will provide vital information for any student at UU. If you had an online platform on your high school (for Dutch students; magister, Som, itslearning etc.), it is probably comparable to Blackboard. You can also find an app in the appstore for Blackboard.

Blackboard will be your primary source of communication from your teachers. Here you will find all the things you need, hand in your assignments, and, most importantly, find your course manual. As an older student to an inexperienced one: "READ YOUR COURSE MANUAL!". This provides all the useful information you can wish for at the start of a semester. Second to this, there is Osiris. This platform provides information about the courses, and enables you to subscribe to them. Make sure to keep an eye on the subscription dates to make sure you can follow courses. Do not worry about the first period, the university already arranged that for you! Other platforms useful for your time as a student are the MyUU app and your gmail account. Every student has a gmail account which can be helpful to get in touch with each other and teachers. The MyUU app shows your student card, study progression and timetable for courses.

Important buildings

There are many buildings on the science park, and in the beginning, it will probably feel a bit like a maze. But luckily you don't have to be in all buildings, in the first year it is mainly the Ruppert building, Educatorium, Minnaert, KBG and BBG. The nice thing about the science park is that many buildings are connected to each other and you can therefore quickly move from one building to another. To get to the science park quickly, you can come by bike or take the bus/tram. If you take bus 12 / tram 22, you can get off at Padualaan for KBG and BBG and for Ruppert and Educatorium you get off at Heidelberglaan. On the map below you can clearly see where everything is. If it is not completely clear for you yet, do not worry. During the intro week your mentor parents will give you a tour so that you can find everything quickly. For the map of the Science park, scan the QR code.

Nice places to study

Unfortunately, being a student is not just fun, sometimes you will have to learn for an exam or do an assignment. The university has many great places for you to study in a good environment. We have the UB (the university library), here you can find a seat in the 'free area', but you can also reserve rooms here to work on a project with multiple people. Book these in advance, otherwise they will probably be occupied! KBG also has many nice study areas: there are places on the second floor where it is hushed, on the ground floor and the first floor there are long tables which you can sit at, there are also group rooms and study booths here. In BBG and Minnaert there are different types of study rooms as well, so all in all, there is more than enough, and you will soon find out what you think is the best place to study ;)

Where to chill and get your foodies

The one and only supermarket on the whole Science Park is the Spar. Close to the Spar you can find the pizzeria Tricolore, Utrecht's famous "Broodje Ben" and also restaurant The Basket is very close by. Furthermore you can have a nice coffee in Jazzman's, beneath the Minnaert building. But most of us get our food at the canteens at The Science Park, nearly every building has one. The Science Park can provide most kinds of food, but for a cozy or nice restaurant you will need to go to the city center. Luckily there are more than enough nice places in Utrecht, so finding your perfect place for a coffee or a meal should not be too hard.

To chill, we recommend the botanical gardens. It is a place to relax, enjoy your surroundings and take a break from being inside studying, and it's free for students! It is located at the Science Park in front of the buildings you will often find yourself.



How to get a Bike?

Swapfiets

If you do not have a bike yet and would want to rent one for a longer period of time, an option would be the Swapfiets where you can rent a bike for a decent price. You can rent a normal bike with a student discount for €12 per month and for a deluxe bike you will pay €19 per month. You will have to show your student card, which you can see in the MyUU app. The bike is trustworthy and reliable, and the advantage is that whenever the bike is in need of reparation or gets stolen you will receive a (new) working bike within 12 hours.

Some notes regarding Swapfiets:

- The rental is monthly terminable
- The bike has a theft insurance
- The reparation costs are free
- They are available between 08:00 and 22:00

You can sign up at <https://swapfiets.nl/en/offer/utrecht> and find more information on the site or visit them at their shop close to Neude!

OV Bike

For the whole introduction week, it's really important that you have access to a bike. If you don't have a bike, you can rent an OV bike from the NS. You can get these at the station or in the bicycle shed next to the Library of the Science Park. Be sure to have a personal OV-chipcard registered for OV-bike rental.

STEP 1: A personal OV-card

In order to register for the OV-bike rental you need a *personal* OV-card, which can also be used for all public transport in the Netherlands. A *personal* OV-card just means that the card directly correlates to you, with your name at the back.

It will take a few days before your personal OV-card will be sent to you, so make sure you have the card before the introduction week.

STEP 2: Register for OV-bike rental

To rent an OV-bike, you need to have a season ticket. By visiting the site <http://www.ns.nl/en/door-to-door/ov-fiets> you can easily arrange this season ticket online, and link it to your personal OV-card. Just follow the directions on the site. After this, you will be able to rent an OV-bike within 30 minutes.



Renting the bike

Using the OV-bike costs €3,85 per 24 hour period. If you keep the OV-bike for longer, then you are charged for additional rental periods (up to a maximum of 72 hours). For time exceeding 72 hours you pay a 5 euro surcharge per 24 hours. Furthermore, if you return your OV-bike to a different location than where you rented it, you will be charged a 10 euro fee. So make sure you return your bike on time and on the same location where you rented it.

For more locations, please visit <http://www.ov-fiets.nl/huurlocaties>.



Green student initiatives



We, sustainability students would love to attend a real sustainable university, right? Luckily for us, the University of Utrecht has a special department to make sure that the university lives as sustainable as possible. This is the Green Office. You will find them at Heidelberglaan 8. The Green Office has some projects that introduces students to a sustainable lifestyle, for example the pop-up thrift shop in the canteen of Educatorium.

With DuKo, students receive discounts on sustainable products. Get to know great products that directly contribute to a better world: from fashion to food and much more! In Utrecht you'll get a discount at over a dozen shops, for example a 15% discount on sustainable clothing at Nukuhiva or a free upgrade to a large portion of fries at Dapp Frietwinkel. In case you are looking for an original and sustainable gift: drop by WAAR, where you get a 10% discount! Beside Utrecht you can use DuKo in Den Haag, Nijmegen and online. Do you want to learn more about sustainable products and buy these at a discount? Purchase the DuKo-app for only €2,50! Both Android and iOS smartphones are supported. DuKo was started a few years ago by a couple of Storm members. Are you interested to help them? Check out the vacancies at dukostudent.nl!



Every Monday between 11 and 14 you can order and pick up your groentetas in the canteen of Educatorium. You can also order the groentetas online. The groentetas is a great place to get all your locally grown, sustainable vegetables. For just 6 euros per week you get a full bag of vegetables and fruit which are all seasonally grown. It could even be the case that you discover a vegetable that you didn't even know existed! If you like cooking it is a great way to try out new recipes and get inspired. At the groentetas you always pay in advance so they order the right amount of bags, thus reducing food waste. So go and visit the Educatorium on a Monday and have a look at the groentetas!

If you are interested in helping out the groentetas and supporting local, sustainable vegetables you can always apply to be a volunteer or maybe even join the groentetas board. Both are a lot of fun and a great way to meet new people who are also interested in sustainability.



Order your books

A new study also means new books! In your first year you will start with the courses Sustainability Challenges and Mathematics and System Analysis.

The books needed for these courses are:

Sustainability Challenges (GEO1-2410):

- Mulligan, M., 2018. An introduction to sustainability. Environmental, social and personal perspectives. 2nd edition. Routledge London and New York. ISBN: 978-1-138-69830-7
- Effective Scientific Writing van Aleth Bolt en Walter Bruins (VU University Press, 2016). ISBN: 9789086596171

Mathematics and System Analysis (GEO1-2411):

- Jan Craats, All you need in maths, 2014. ISBN: 9789043032858

If you become a member of Storm you are able to order your books (with discount!) online via: <https://www.stormutrecht.nl/education/order-your-books>.

In the end, you buy the books with StudyStore, for which you also need an account. Thereby, please note that for possible questions about the order itself, you need to contact StudyStore. Storm only facilitates the process and has no insight into details about orders and delivery. For any other book related questions, you can always send an email to: onderwijs@stormutrecht.nl.



Route to Bolognalaan building

To start this awesome week, you have to be in Bolognalaan 1.206 at 9:00. This is a building in which you will not have a lot of classes. But still, where is this building?

Bus

It's at the Uithof, the Science Park of Utrecht. From Utrecht Centraal, you can take bus 12 or 28. You'll have to get out at Heidelberglaan. From there you can walk to Bolognalaan 101, where the Bologna building is located.

Bike

If you go by bike, you can enter Bolognalaan 101 into Google Maps. This is the address of Educatorium. You can park your bike there and then walk straight into the building.

Inside the building there will be people of the committee helping you get to the right room, as the inside of this building is quite confusing. Though you can always follow the signs, or ask someone at the reception.



Programme in short:

Monday, 2nd of September:

- 8.30 – 9.00 Walk in (Bolognalaan 1.206)
- 9.00 – 9.45 Introduction Storm and study association
- 10.00 – 10.45 Introduction by Pieter Louwman
- 11.00 – 11.45 Introduction by Margien Bootsma
- 11.45 – 12.00 Meeting Intro mentors & groups
- 12.00 – 13.15 Lunch at the Uithof
- 13.15 – 15.00 Registration in computer rooms
- 15.00 – 17.30 Monopoly in city centre
- 17.30 – ... Dinner at mentors place

Tuesday, 3rd of September:

- 09.00 – 10.00 Lecture by Klaas van Egmond (Koningsbergergebouw, lecture hall Atlas)
- 10.00 – 10.30 Explanation of the Day and the DIS (Sustainable Introduction Stunt)
- 10.30 – 11.00 Travelling to excursions
- 11.00 – 13.00 Excursions to Food Forestry Development
- 13.00 – 13.30 Lunch
- 13.30 – 14.00 Cycling to DIS location
- 14.00 – 17.00 DIS
- 17.00 – 18.00 Cycling to *Karel V* + drinks and announcing the winners
- 18.00 – 22.30 Dinner and pre-drinks
- 22.30 – Poema and pooling

Wednesday, 4th of September:

- 10.00 – 15.00 Lecture Sustainability Challenges (location can be found in mytimetable)
- 15.00 – 17.00 Staff Student drinks
- 17.30 – 18.00 Cycling to Bison Bowling
- 18.00 – 21.00 Bowling with dinner
- 22.00- ... Drinks at Walden

Thursday, 5th of September:

- 09.00 – 12.45 Lecture and tutorial Mathematics and System Analysis (location can be found in mytimetable)
- 12.45 – 13.15 Week Kahoot + possibility to buy toasties for charity
- 13.15 – ... Free to go home, chill and pack for the weekend

Friday, 6th of September:

- 12.30 – 14.00 Travelling to station Lichtenvoorde-Groenlo
- 14.00 – 14.30 Store luggage
- 14.30 – 16.30 Cluedo
- 16.30 – 17.00 Check in at Beusink
- 17.00 – 18.30 Cooking + sports with Thom
- 18.30 – 19.30 Dinner
- 19.30 - ... Drinks and chill

Saturday, 7th of September:

- 08.30 Waking up
- 09.00 – 10.00 Breakfast + making your own lunch
- 10.00 – 15:30 Scavenger hunt and games
- 16.00 – 17.30 Committee talks
- 17.30 – 19.00 Cooking + sports with Thom
- 19.00 – 20.00 Dinner
- 20.00 – 21:00 Chill and prepare for the night
- 21.00 – 02.00 Party

Sunday, 8th of September:

- 08.00 Waking up
- 08.30 – 09.30 Breakfast
- 09.30 – 10.30 Clean the accommodation
- 10.30 – 11.30 Leave Beusink



Packing list

What to bring for the week?

- ☐ A Bike (very important!)
- ☐ Wallet
- ☐ Mobile phone
- ☐ Pen and Paper
- ☐ Lunch (except for Monday) (nice to bring your lunch box)
- ☐ Water bottle
- ☐ Stuff to sleep (optional)

What to bring to the weekend

- ☐ Wallet (including OV-chip, ID, bank card and health insurance card)
- ☐ Underwear and clothes
- ☐ Clothes for partying
- ☐ Clothes for bad weather
- ☐ Towel and toiletries
- ☐ Pyjamas
- ☐ Sleeping bag, pillowcase, fitted sheet
- ☐ Flip flops (for in the shower)
- ☐ Sunscreen
- ☐ Sunglasses
- ☐ Water bottle
- ☐ Lunch box
- ☐ Gift for you mentor mom and dad (you can arrange this during the week with your group)
- ☐ Gift for the committee
- ☐ (Board) games
- ☐ Mobile phone and charger
- ☐ Swim clothing



FAQ

- **Do either the intro week or weekend cost any money?**

Unfortunately, yes. To ensure we deliver you the best possible week of your life, a small contribution is necessary. For the week, this will be €25,-. Since the week is obligatory, this contribution is also obligatory. The weekend will amount to €35,-. Though the weekend is not mandatory, we strongly recommend you to come, because you will have an amazing time and make friends for the rest of your life! On Monday you can register for the introduction week.

- **What if I don't have a place to stay in Utrecht throughout the week?**

Don't worry. You can always stay at one of your mentor parents' place. But make sure that you inform the committee and your mentor parents on the first day of the introduction week.

- **What if I have food allergies or specific diet requirements?**

Don't worry! All meals prepared at all Storm activities are 100% vegetarian, with vegan options. Besides that, you will need to fill in an information form when you arrive in your introduction group, in which you can clarify any possible food allergies.

- **What if I suddenly fall ill during the week and cannot continue the Introduction Week activities anymore?**

Let one of your mentor parents or one of the Introduction Committee members know the day before. If you will miss one of the lectures or working groups from your university courses, you can look up the course manual on Blackboard (explained on page 33) to read what to do.

- **Where can I find the schedule of my courses?**

You can download the free Utrecht University app (MyUU) where you can find the schedule of your courses. Will be available a few weeks before the course starts.

- **How can I find a room?**

You can find a room by reacting on advertisements on Facebook. There are a lot of groups on Facebook in which people offer rooms in Utrecht. Further you can join www.sshxl.nl, which also offers rooms (takes some time to be eligible for a room).

- **How much do I have to study?**

We can't tell you how much you have to study because this is different per person, but the university bases its curriculum on 20 hours a week per course. You will follow two courses at the same time, so it will be about 40 hours per week.



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Any questions? You can message us about the introduction week!

The Storm room

Buys Ballotgebouw 2.79
Princetonplein 5
Utrecht

Weekend location

Beusink recreatie
Lievelderweg 106
7137 MC Lievelede



We cannot wait to meet you
Intro the Future!