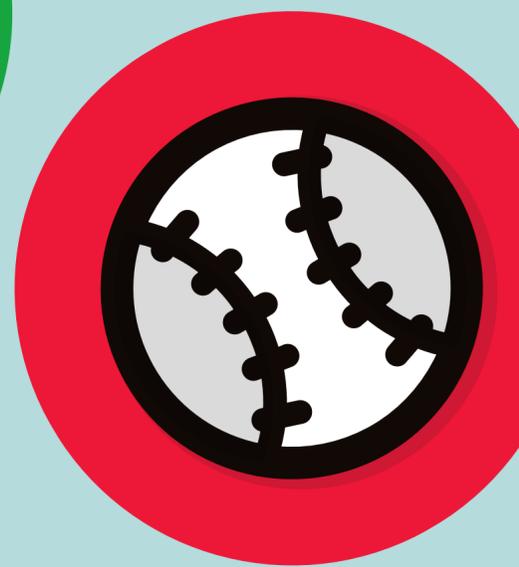
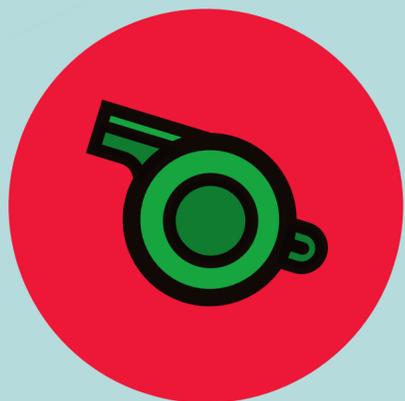
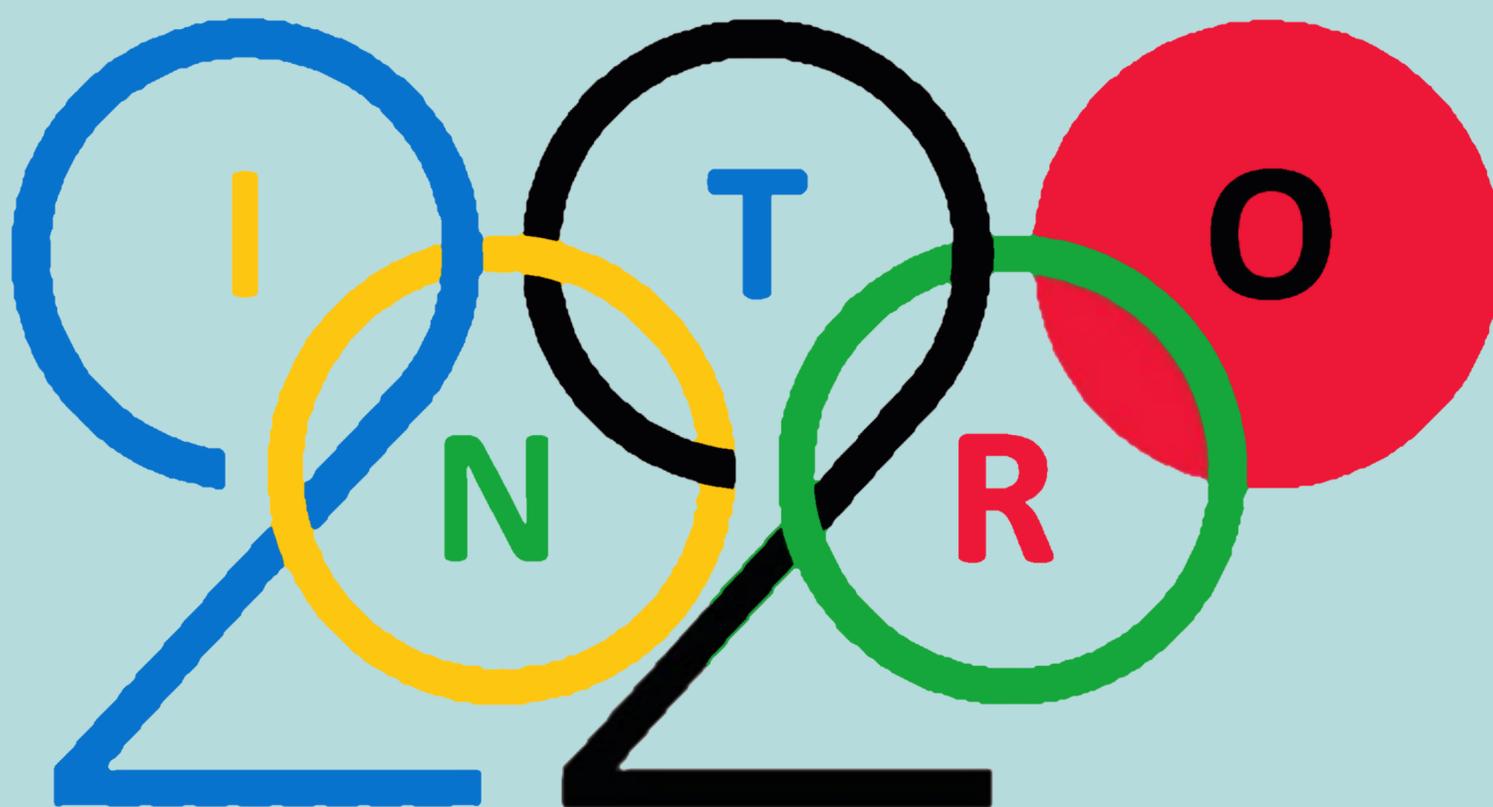


STORM



INTROLYMPICS



Introduction week Storm

Utrecht August 31st - September 4th

Preface

Dear First years,

My name is Lotte Bakker and this year I was lucky enough to be the chairwoman of the introduction committee! You might have seen me before, as I was there for you with coffee and tea during your selection day. Congratulations, I am happy to see that your nerves were unjustified and you made it into Global Sustainability Science! As I know from my own experience, beginning a new study in a new city with total strangers might be a new reason to be a bit nervous as well. However, we, as the intro committee, have organised some amazing events for you to get to know your fellow students and Utrecht. Hopefully after this whole week you will feel just as at home in your new study and in the study association Storm as I am feeling now!

In this booklet, you can of course find all information about the programme and locations for the introduction week. However, there is way more to find in this booklet! There is some interesting stuff about Utrecht and the University, but you can also already check out the mentor parents of this year. (Don't worry they are all great!) Furthermore, some information about the study association Storm in general, and information about all the committees Storm has to offer. We will give you more information about all the committees during the week, so you can see for yourself which one suits you best! Do not forget to read the pages with the program and packing lists carefully, since it contains some important information.

I will shortly introduce my fellow committee members, but every member will introduce themselves in this booklet as well! This year's intro committee consists of 8 enthusiastic, funny and (most of the time) very active people. As I am writing this way before the introduction week is actually happening, I have no clue if everything we planned turned out to be right. What I do know, however, is that we already have a lot of plans, and I am proud of what everyone has accomplished thus far. We have arranged a lot of fun and educational activities, maybe different than we expected at the beginning of the year due to the covid-19 outbreak, but we are glad that we were able to organize different things as well. As we are probably very busy behind the scenes during the week, you might not see us a lot, but when you see us do not hesitate to have a chat with us or ask your questions about the student life, Storm or a whole other topic. We are looking forward to meeting you all!

If you have any questions about the introduction week or the study in general, feel free to contact me or my fellow committee members via the contacts at the end of this booklet. You can also send an email to introcommitteestorm@gmail.com!

Much love and see you soon,
On behalf of the Introduction Committee of Storm,
Lotte Bakker



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Theme of the Introduction

OFFICIAL STATEMENT BY THE INTERNATIONAL OLYMPIC COMMITTEE AND THE TOKYO 2020 ORGANISING COMMITTEE“

The unprecedented and unpredictable spread of the outbreak has seen the situation in the rest of the world deteriorating. (...) There are more than 375,000 cases now recorded worldwide and in nearly every country, and the numbers are growing by the hour.

In the present circumstances and based on the information provided by the WHO today, the IOC President and the Prime Minister of Japan have concluded that the Games of the XXXII Olympiad in Tokyo must be rescheduled to a date beyond 2020 but not later than summer 2021, to safeguard the health of the athletes, everybody involved in the Olympic Games and the international community.”

NOT-SO-OFFICIAL STATEMENT BY THE IOC & TOKYO 2020 ORGANISING COMMITTEE (Okay kidding, we made this up, so replace those committees with the Introduction Committee of Storm in your heads please)

Dear future students of Global Sustainability Science,

As the Olympic Games in Tokyo of this year had to be cancelled due to the ... well everything in our official statement, (duh) we, the organisation of the Olympic Games (IOC), have come up with the following alternative. To still keep everybody active and engaged with sports, we have ordered the Intro Committee of Storm to organise an alternative:

Link

[The Introlympics of 2020 \(WOEHOOEEE\)](#)

However, we get that not all of you might be interested in the classic Olympic sports, and therefore, the introlympics will look different from the normal Olympic Games. They will be adapted in such a way that the whole week will be student-friendly, corona-proof and, most importantly, a fantastic experience to start your life as a student in Utrecht.

You all will be divided in different teams, all under the surveillance of 2 (or 3) enthusiastic mentor parents. These mentor parents were specially selected for this week, as they are the most sporty. Nope, definitely not that reason, but because they are the most fun, the “crème-de-la-crème” of all Stormers so-to-say (except the ones that have organised this week for you, they are even better). They will help you get accustomed to your new life in Utrecht, they will teach you what it is to be a GSS student and they will do their very best to make you feel right at home.



Study Association Storm

Study Association Storm

You probably have received a ton of information about different student organisations, study associations and other groups you can join as a student. This enormous amount of information might be a little bit confusing, which is why you can find an explanation about who we are in this booklet. Storm is an organisation for all students who follow an environmental study program here at Utrecht University (UU). Our members either do the bachelor programme 'Global Sustainability Science' or the masters programmes 'Sustainable Development' and 'Water Science and Management'. Every student becomes a member of Storm, which automatically gives you a discount on your books when you order them via our website. Whether or not you plan on becoming active within the association, everybody is always welcome!





What do we do?

Storm has 18 committees that organise all kinds of fun activities. These activities range from parties and (foreign) trips to excursions and career-related activities. Storm has its own room where you can relax before, during, and after classes. This room is located in the Buys Ballotgebouw and it is open from 9:30 to 16:00 (BBG 2.79). During that time free coffee and tea is served whilst you can talk, chill and play games with your fellow Stormers from all years. In this way, Storm gives you ways to enjoy your student life even more and provides opportunities to learn more about environmental sciences and to get in touch with other environmental students from different years.



Programme in short

Monday, 31st of August (ONLINE):

08:30 - 09:00	Welcome & intro week information
09:00 - 09:15	Introduction by dean Wilco Hazeleger
09:15 - 10:15	Introduction by study advisor Pieter Louwman
10:15 - 11:00	Introduction by Programme leader Margien Bootsma
11:00 - 12:00	Free time
12:00 - 14:00	Lunch break + online meet up with introduction groups
14:00 - 14:45	Introduction by our patron Klaas van Egmond
14:50 - 15:05	Introduction by Study Association Storm
15:15 - 19:30	Free time
19:30 - 21:30	Online Escape Room

Tuesday, 1st of September:

09:00 - 11:00	Watch the online LEX excursion
11:00 - 13:30	Travel to Utrecht
13:30 - 14:30	Lunch with your group & DIS explanation (Wilhelminapark)
14:30 - 15:00	Travelling to DIS locations
15:00 - 18:00	DIS activities

Wednesday, 2nd of September:

11:00 - 13:45	Lecture Sustainability Challenges (See UU app)
13:45 - 15:00	Registration (Tutorial classroom) & Kahoot
15:15 - 17:00	Committee talks (KBG field)

Thursday, 3rd of September (ONLINE)

10:00 - 12:45	Lecture and practical Mathematics & System Analysis
12:45 - 15:00	Free time
15:00 - 17:00	DIY activities
17:00 - 20:00	Free time
20:00 - 22:00	Staff-student games

Friday, 4th of September (ONLINE)

13:00 - 15:30	Online Cluedo
15:30 - 16:00	Announcing winners
16:00 -	End the week with your introgroup online



Introducing the Committee members

Age and hometown: 20 years, Houten

What is your favourite sport to watch and play?

My favourite sport to watch and play is field hockey, this is because I play hockey as well! In my opinion, watching field hockey is way more fun than watching soccer (don't hate me) because everything happens and therefore it is more exciting, but this is probably due to the fact that I play it myself as well.

What moment did you enjoy most in your own introduction week?

This is actually a really hard question, not only because my introduction week happened 2 years ago, but also because a lot of fun things happened during this week. However, if I would go for one thing, I think I liked the bowling evening the best! This is because you do something fun with a big group and to be honest, the wraps are delicious at bison bowling. (#notsponsored)

Why did you want to organise this year's introduction?

In my first year I was a participant in the intro week, just as you guys are now, and in my second year I decided to become a mentor parent together with Tom. Both of these weeks were really amazing and since I wanted the new first years to have an amazing week as well, I decided to be a part in the organizing myself.

What do you do besides studying?

As I said before, I play hockey and I also go to the gym 1 or 2 times a week. Besides my active life, I also love to eat, hang out or go out with my friends. My week is most of the time pretty busy, so I also like to go out for a walk to relax my mind.

What is your favourite STORM event?

It is hard to choose between all the fun activities Storm has to offer, but I think one of my favourite activities is members weekend. Members weekend is a Storm weekend in the beginning of the year, and together with some stormers you travel to a location where you will chill and have some activities together. This weekend is really chill and not full with activities as the other storm weekends. During this weekend you get to know some older years as well and I would definitely recommend going. However, the intro weekend is ofcourse way more fun, but I might be a bit biased.

What is the funniest thing that happened to you in your student life?

I think one of my favorite moments/weeks was the week in Texel in my first year. Besides doing some interviews or measurements on the Island, the evenings and free time are always filled with fun things to do. Since all first years are going, you can really talk and bond with everyone which makes it really nice!! I would definitely recommend you to go to Cafe De Slok, nobody goes there but suddenly during this whole week it is filled with Stormers.

For what can the new First Years always approach you?

My fellow committee members always joke that you can ask me to help find your bike, since I have a habit of losing my bike, not only when going out unfortunately. In my defence, I have a black Swapfiets just as almost half of the students in Utrecht, so I wouldn't say it is my fault. However, if there is something serious going on, I will always be available to help you search for a solution! And ofcourse, if someone actually loses their bike, please come to me! :)

Best memory of Lotte about Tom in the committee

I have a lot of good memories about Tom, he is always in for a beer and a good laugh, so good memories are assured! He is a great friend, if you can look besides the fact that he will ignore you on whatsapp for a week, so I recommend calling him if you need him, but maybe he only does that to me? However, my best memory together with Tom is the moment we heard that we were going to be introparents together! We heard this, when we were on Texel, so it was extra nice since we were together at the moment. I still remember that we were both a bit nervous, although we kind of expected to get in, but when the email with confirmation was sent, we unfortunately did not have our phones with us, so we had to go to Daniel for confirmation. When he finally told us that we were going to be introparents, I remember that I was so happy that we made it, possibly because we were a bit drunk, and I could not wish for someone better than Tom as my husband!!



Lotte Bakker



Introducing the Committee members

Age and hometown

I am 20 years old and I grew up in Almere.

What is your favourite sport to watch and play?

I really like all types of winter sports, especially snowboarding, skiing, skating and biathlon (I'm not the typical soccer guy :)). But actually the sport that I play myself mainly is wakeboarding. Besides wakeboarding, I do also surf in the summer months and in the winter months I go snowboarding or skiing regularly.

What moment did you enjoy most in your own introduction week?

I'm quite a competitive person. When there are prizes to win I will do my utter best to at least win one of them. That is why I enjoyed all the games/competitions in my own introduction week the most. I'll have to say, unfortunately I did not win any prizes, but still, I was a real fanatic during the entire week. Also, during all the games and competitions you can bond easily with the people that you meet during the week.

Why did you want to organise this year's introduction?

I enjoyed my own introduction week so much that I thought it would be fun to organise it myself. Also, I think it is a great opportunity to meet many of the new first years and I thought that it would be very instructive (which it is!).

What do you do besides studying?

Actually I have quite a busy life besides studying. I work at UMC Utrecht as administrative assistant for the radiology department. I'm also a member of SPIN; the boardsports association of Utrecht. At SPIN, I'm part of the Wakeboarding Committee, which means that we organize all kinds of wakeboarding trips throughout the year (which is a sad story for this year's committee as the outbreak of the coronavirus happened just when the wakeboarding season started. If I have time left I also try to go to the gym, inline skate or run. Lastly, I get relaxed from playing the piano.

What is your favourite STORM event?

I think that my favorite STORM event was the sailing trip in Sneek in my first year. This is a weekend at which you go sailing for 3 days; you sleep on the boats and there is also one night of going out. In my first year the weather was really nice and it is just a weekend to relax for a while.

What is the funniest thing that happened to you in your student life?

The funniest thing that I can come up with at the moment was at the Texel excursion for RIP (a first year course in the 4th period). It was a great week and so many things happened on Texel.

For what can the new First Years always approach you?

New Stormers can always come up to me to just have a little chat about anything. I really like to meet new people and talk about anything that comes to mind. For more specific questions, for instance, about the committees, STORM events, the first year's GSS courses, sports, the First Years can also approach me.

Best memory of Joshua about Lotte Wolf in the committee

Lotte Wolf is one of the sweetest girls from Storm. Whenever I am tired or anything I can go to Lotte to get a hug. Also, Lotte is a real beer taster. When you blindfold her she can guess every beer brand correctly. I'd say, challenge her taste skills in the intro week!



Joshua Clemens



Introducing the Committee members

Age and hometown

19 years old from Rotterdam

What is your favourite sport to watch and play?

I mostly love playing hockey because I have become really competitive and I'm good at it. I play tennis for a different reason. I am not actually that good at playing tennis but it is really fun to do. Also a match of squash always gives me the 'slappe lach' (giggles). Hockey is the most amusing to watch because it is a quick game and people are really excited for the team they are supporting.

What moment did you enjoy most in your own introduction week?

The whole week was really fun. I like the workshops we had on tuesday. Also I remember it being really sunny so you could meet people while tanning, how great is that!!

Why did you want to organise this year's introduction?

I chose the committee mostly because I wanted to keep busy. During my introduction week I found out that I really loved the association and I wanted to be involved. By joining a committee it is really easy to be involved and meet new people even after the introduction week.

What do you do besides studying?

I travel a lot because I live in Rotterdam. I do sports, I meet friends, I watch a whole lot of movies, I play with and train my doggoooo, I do family stuff, I sing and dance on an amateur level obviously.

What is your favourite STORM event?

My favourite Storm events are the sustainable diners. Delicious vegan meals made by the cooking committee. The sustainable diner in December even had a live performance of the music working group. The music was really good especially when they did some christmas songs. During corona times I really enjoyed to afternoon of Bob Ross painting. It was so fun to see everybody be creative!

What is the funniest thing that happened to you in your student life?

Honestly my life has been really chaotic ever since I started GSS in Utrecht. A funny but also tragic thing that happened to me is a story about how I lost my hockey shoes. I was a member of a really nice hockey association. On Mondays I had to carry around all my hockey gear before the training. At one point I decided to leave my hockey shoes in a locker on Utrecht central station. However I did not know that the cost would increase by the day. Somewhere in autumn, I was injured (long story) and I didn't attend training for over 2 months. The first time I wanted to pick up my shoes I found out that my fine was around 300 euros. I decided it was not worth it and I left the shoes in the locker. Tragiccccc!!!!

For what can the new First Years always approach you?

I want to say anything but more specifically I would say any questions about Storm, the introduction week or anything that is unclear to you. I, for one, know what it is like to not be on top of things. My chaotic brain can get the better of me and leave me with a ton of questions. However this time around I can answer all of yours so please come look for me or reach out to me online if you are confused.

Best memory of Jet about Lois in the committee

Lois is a dedicated, funny and caring committee member. We love to dance, make fun of each other, gossip together and more. But my best memory with Lois, from the top of my head, was at a Storm party. This particular night we did some pre-drinks with the introduction committee and when we arrived at the party, we were determined to make a cool video. So, me with my drunk filming skills and Lois with her tipsy vlogging skills went looking for all the committee members. The day after we got to see how the videos turned out. We found out that the videos were pretty bad to say the least. The camera was extremely unsteady and Lois was just shouting like a crazy person.



Jet van 't Hoff



Introducing the Committee members

Age and hometown

20, the beautiful village of Easterwood (Actually: Oosterhout in Gelderland)

What is your favourite sport to watch and play?

There is only 1 real sport that is cool to watch, and that is Football ofcourse (Opposite to Joshua, I am that typical soccer guy). I am a huge fan of Ajax, which is the best FC in the Netherlands, and I love to watch them play, especially since Hakim Ziyech joined our team. My favourite sport to play is harder, I love football but also running. Choosing between those 2 is impossible for me.

What moment did you enjoy most in your own introduction week?

The moment I could go back home. No kidding, I really loved one of the activities of the second day of the week, a fox hunt in Utrecht. The Intro committee of that year had some fun games in the fox hunt, and my introparents got us beers that we could drink during the fox hunt. This really funny and it was a good way to get to know all my introbro's and -sisters.

Why did you want to organise this year's introduction?

Funny & SAC points en leek me wel fatoe

What do you do besides studying?

SPORTTTSSSSSSSS, so running, football, the gym, hiking, cycling, mountain biking. I also love going to the cinema, so you can often find me in Pathe Rembrandt watching a movie with my Pathe Unlimited kaartje. I try to earn some money to pay for my cinema visits by giving additional lessons to high school students. Next to cinema, I am into other types of stage performances, such as plays, cabarets, concerts and operas. Oh, and drinking beers with friends.

What is your favourite STORM event?

I really enjoyed the Mudflat hiking (wadlopen) event by the Outdoor Committee, which was my committee of last year (luv u bros). Mudflat hiking is something that can only be done in very few places around the world, and the Waddenzee is one of those places. So as a real Dutchman, I felt bad that I had never done it before. This made it a special event for me, and it was a really cool & adventurous experience.

What is the funniest thing that happened to you in your student life?

Pffff I literally have no idea which is the funniest. I will tell 1 funny story tho: Last year I used to go to the gym/play football at Olympos quite often with my (then-)roommate and some other friends of the study. After one of these gymsessions with me, my roommate and 1 other guy, we decided to get a pitcher at olympos. The thing about olympos pitchers: They are 3 liters. I distinctly remember the face of the guy behind the bar when we ordered a pitcher for the three of us, especially when we kept coming back for more pitchers. In the end, we were quite drunk at 18:00 and then we went home, wanting to go out that night, but we all just fell asleep and regretted our behaviour the day after. Grinnik.

For what can the new First Years always approach you?

For all their questions about movies, actors etc. I am always willing to give you a review about some movies and recommendations on what to watch in the near future. ;) On a more serious note, if you have questions about following extra courses next to GSS, you can also come to me. I am currently following extra courses in Philosophy because I want to do an extra bachelor, so if you want to learn about this, just ask me!

Best memory of Tom about Joshua in the committee

Difficult question again. Joshua is one of my best mates in Utrecht, so I have quite some good memories about him. One of the most recent moments was when we went to the STORM gala together, all dressed up as peaky blinder boys. Another one is on the hitchhike weekend of last year, when we did the floss dance challenge together in a petrol station somewhere in Germany. This whole trip was quite memorable, especially the moment we accidentally got off the highway at kut-Lutte and we could not get back on it. Jup josh, we have already done stupid shit together, and I did not even mention Valencia ;)



Tom Hooijer



Introducing the Committee members

Age and hometown

20 and Norg (obviously no one has ever heard of this town but it's in the North of Drenthe (close to Groningen and Assen), so the place to be obviously)

What is your favourite sport to watch and play?

I have done gymnastics since the age of 4, but I stopped when I moved to Utrecht last year... I'm really excited to start playing a team sport, and I want to try out rowing! Other sports I like to play are field hockey and volleyball, though I can't say I'm very good at them... :) To watch, I really enjoy football, but only the World and European Championships (don't hate me but the other matches are just boring in my opinion...), even though I am terribly bad at football myself.

What moment did you enjoy most in your own introduction week?

Well the answer to this question has got to be somewhat predictable: the introweekend! But unfortunately, the introweekend has been cancelled this year due to COVID-19... But don't despair, we have managed to make the introweek even more fun for you guys so that you'll have a great time to get to know your fellow firstyears students and to make friends for life!

Why did you want to organise this year's introduction?

To me, it is super important that the first impression is one to last. In my year, the Introduction Committee did such a great job at organising an amazing introduction period, and that inspired me to want to do the same for you guys! What do you do besides studying? Well most importantly I have been busy organising this amazing introduction period for you guys, but other than that I also work as a tutor at a high school in Woerden, and I hope to start rowing at Orca! Other hobbies of mine include sailing during the spring/summer, cooking, and having loads of fun with friends.

What is your favourite STORM event?

I wish I could say the Crossing Borders Trip, but unfortunately this was cancelled due to the corona crisis... Other events that I really enjoy going to are the Monthly Dinner and the crazy Storm parties!

What is the funniest thing that happened to you in your student life?

One time, I was headed back to Utrecht from my parents' house and I took the wrong train (I was already amazed that the train left 2 minutes early...), which made me end up in Amsterdam at 11 pm, having to wait 30 minutes for the next train to Utrecht... Thank god for 'ome DUO' for taking care of the added costs :)

For what can the new First Years always approach you?

Naturally for any questions you might have about anything, but I won't turn down a challenge to a beer pong tournament, because you should know I'm pretty good at those :) Besides that, you can also approach me any time just for a good chat and some fun! I am looking forward to getting to know you and I want to make you feel right at home in Utrecht and within Storm, because I know that Utrecht can seem as a faraway place coming all the way from Drenthe...

Best memory of Jeska about Jet in the committee

My best memory of Jet is one during a skiing trip (great start to a great story). Jet is a very genuine and outgoing person, so you can be sure to have loads of laughs with her. She does not know the concept of fear and she will always try new things! So she did during the ski trip. We were trying super hard to film our amazing skiing skills for the awesome promo video, when we decided to go off piste because that was obviously the coolest thing to do. Little did we know the snow was super super deep, which means that we got stuck somewhere way off piste and had to sort of 'swim' through the snow to get to the piste again... One of our better decisions I reckon :)



Jeska de Jong



Introducing the Committee members

Age and hometown

My age is 21 and my hometown is Arnhem.

What is your favourite sport to watch and play?

Hmmm, difficult question. You shouldn't hate me if I said that I am not that into sports haha! I am just a little bit clumsy, which makes it a lot more difficult to catch the ball :). But I also know that I have to do some sports, otherwise it will not end well for me... So, I force myself to swim and do yoga a couple of times a week. And when I can, I dance! I am, however, very competitive so I do like to watch sports! Especially when some Dutch team is playing or someone I know!

What moment did you enjoy most in your own introduction week?

I have a lot of good memories from my own introduction week, so it is very difficult to choose! I really like playing games, so it was very fun to do Cluedo and the game on the bikes (forgot the name of it). I also liked to meet all those new people and learn much about them in such a short period!

Why did you want to organise this year's introduction?

I wanted to contribute to something that I had enjoyed so much last year. And I want to give the first year the best introduction to make themselves feel at home instantly!

What do you do besides studying?

I like to be creative, so I make my own agenda and my own clothes. And I (of course) like to meet with my friends and go dancing somewhere (preferably with 80s music on). Besides that, I work at Odin in Arnhem and Utrecht.

What is your favourite STORM event?

I think that I liked the Maastricht trip the most! This event was organized by the Lex committee and we went to the caves of Maastricht and the Gulpener brewery. But I of course think that your introduction week will beat all of the previous events!!

What is the funniest thing that happened to you in your student life?

Well, I wouldn't say this is the funniest thing, but it is something that I will remember for a long time. Some of you (Dutchies) might know the program "Weet ik veel", but for those of you who don't know it: it is a quiz where the student that has the most answers right, wins (a lot of) money. Students from Storm were asked to participate in the program, and I almost won, but someone else clicked the button faster than me, and thus won the quiz :(. It was, however, someone from Storm, so that is still super cool!

For what can the new First Years always approach you?

The first years can approach me for literally anything! If you want to have a chat, a fun dance or just good life advice, anything!

Best memory of Lois about Jeska in the committee

What is there not to say about Jeska! I think she is a very nice, intelligent (best secretary ever) and caring person. I can only name one thing that she doesn't like to do and that is: catching mices!! She is always in for some talking, partying or a fun game, for which she always comes up with the hardest words for Jet's self-invented game *ik weet de naam niet meer* (what was his name again???). When we are at a party, she makes sure that everyone is having a great time. And if you forget your bike to the party: she makes sure that you get home safe on the carrier of her bicycle. She is a toppert!



Lois van der Kleij



Introducing the Committee members

Age and hometown

20 years old and from Dalfsen (Close to Zwolle, for reference ;))

What is your favourite sport to watch and play?

That's really difficult! To watch, that would be gymnastics, tennis and does ballet also count as a sport here? I just can't choose one, sorry! My favourite sports to play are tennis (and again ballet but ??)! I grew up playing tennis and when I was fifteen I switched to ballet, so those are my favourite sports to play! Definitely not gymnastics as I am a potato and wouldn't be able to do any of the things gymnasts do.

What moment did you enjoy most in your own introduction week?

I liked bowling at Bison a lot! There were a lot of cool challenges during bowling and one of my mentor parents worked at Bison as well so we won a lot of those challenges! That was two years ago already, how time flies!

Why did you want to organise this year's introduction?

This is my third year being a part of Storm's introduction week. In my first year I joined, obviously, and in my second year I was a mentor parent. So it only felt right to now organise it!

What do you do besides studying?

Haha I don't study. This past year I was a part of the board of Storm, which meant that I took a year off from studying this wonderful course. But next to that I also work in a restaurant and try to take some ballet classes every now and then. But Storm was the main thing I did this year.

What is your favourite Storm event?

I would have to say the Sailing Weekend! It's such a fun weekend away with Stormers from all years of GSS. It's basically relaxing on a sailing boat with some beers and your best friends, what else could you want?

What is the funniest thing that happened to you in your student life?

Haha, not a lot of funny things happened, unfortunately. But this came the closest I think. I went out to de Vrienden with a committee of mine, after we had to seriously convince half of the people to come. Once we were there, it was still before 00:00, and on a Wednesday, which means dobbelen. You throw the dice, if it's even you get your order for free. If it's odd, you pay. We decided that we were not going to drink too much, sure. After some beers, we decided we were gonna dobbel for a box of forty Flugel drinks because we gave away some of these during the party we organized. We won, the box was empty within minutes and needless to say we all got super drunk. I fell off my bike on my way home, some others laughed. Fun times. My leg was bruised for days after.

For what can the new First Years always approach you?

I won't say no to a good game of table tennis, but don't hold me to that ;) On a more serious note, you can always come to me with questions! About Storm, student life, your studies etc. and I will be happy to answer.

Best memory of Marieke about Lotte Bakker in the committee

There were a lot to pick from! But I think I'll go for the one at the Faculty Party last year. I was organizing that party, so I was responsible and didn't have anything to drink that night. After a whole night of working all the shifts at the party, the people with whom I had organized the party decided that it was also time for a drink for us. Of course, after not eating anything all night and then downing some drinks, I was somewhat tipsy already. I then came across Lotte, and we decided that we desperately needed to take some pictures together. We now have some very blurry pictures with some deformed body parts on it, don't we Lotte?



Marieke Wennemars



Introducing the Committee members

Age and hometown

21, Arnhem

What is your favourite sport to watch and play?

I love to play soccer, I started when I was six years old and after a small gap where I stopped for one year I started training again this season which has been great. When I can get myself off the couch I enjoy going on a run every now and then as well. I really enjoy watching soccer, especially the women as they do not whine as much as the men.

What moment did you enjoy most in your own introduction week?

Sadly we have had to change our planning a bit compared to some of our previous weeks but one of my personal favourite things will remain the same. The fact that you meet so many wonderful people in your first week in GSS. Guaranteed you will have someone to join you through your first lecture. Although it has been a while ago but I remember (do I?) going to puma as one of my highlights as well, we will catch up on that if we are allowed again.

Why did you want to organise this year's introduction?

I really enjoyed my own introduction 2 years ago and had a great time as a mentor parent during the last introduction week, therefore I thought it was time to get the full experience and organise the introduction this year.

What do you do besides studying?

I play soccer at Odysseus, where also a significant amount of non-soccer related stuff takes place, it's always a great time! I also work at a restaurant here in Utrecht and where I can find some time off I love going out every now and then and hang out with friends.

What is your favourite STORM event?

I think the great thing about Storm is that because there are so many different types of activities and committees, there is something for everyone. I've enjoyed many great Storm activities, but a highlight of last year would definitely be the BC trip.

What is the funniest thing that happened to you in your student life?

I might regret bringing this up again but during the BC trip in my first year, and in my defense I was slightly sleep deprived. We were going out in the 5 story club in Prague, which was great! But when we had to get out coats I got absolutely hysterical because I could not find the keys to my bike, I mean how else was I supposed to get home... Mind you, we were in Prague not Utrecht and I had no bike, nor did I bring my keys to Prague. It was a memorable night.

For what can the new First Years always approach you?

Anything they might need help with. Might not be the best planner nor am I very organized but I will always try to help you with any questions you have regarding storm, GSS or how to plan your life around those. Furthermore I'll never say no to a game of flunkyball, and if you do not know what this is don't worry I will gladly explain it to you.

Best memory of Lotte about Marieke in the committee

Marieke is always great to have around, Marieke is the board member of this committee, and therefore she has quite some responsibility but no matter how busy she might be, she is always up for a fun night. One of the best memories I have is the time we went to Almere with the entire committee, we stayed at Joshua's place and one of the things we were supposed to do that day was play a gift-giving game in celebration of sinterklaasnieuw. Gifts are pretty essential for this aren't they Marieke? Let's just say we luckily still had to do groceries so some people got some great Albert Heijn gifts. Nonetheless the rest of the evening was great and I will never forget our Almere adventure.



Lotte Wolf



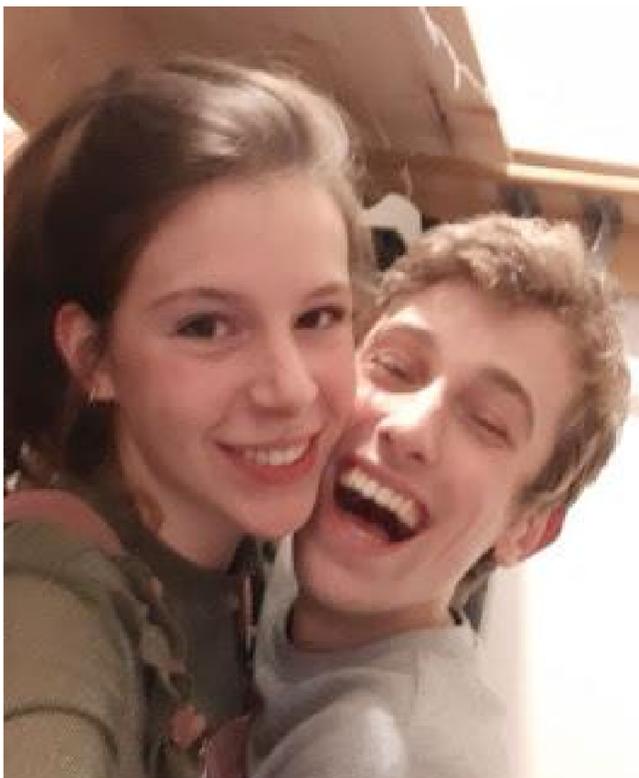
Mentor parents



Meike & Samuel
Bubbly Bobsleighters



Yannick & Nienke
Clumsy Curlers



Emy & Stijn
Cool Couchpotatoes



Erwin & Astrid
Disco Discus Throwers

Mentor parents



Tijn & Lotte
Dramatic Divers



Atys & Lotta
Fierce Fencers



Wout & Maaïke
Funky Footballers



Tom & Eva
Goofy Golfers

Mentor parents



Max & Zerline
Hungry Hockeyrs



Paula & Tjeerd
Jazzy Gymnasts



Coen & Sjan
Pingy Pongers



Iris & Vince
Roaring Runners

Mentor parents



Jorijn & Maite
Ruthless Rowers



Stan & Lisabelle
Sassy Surfers



Sacha & Daan
Silly Sailors



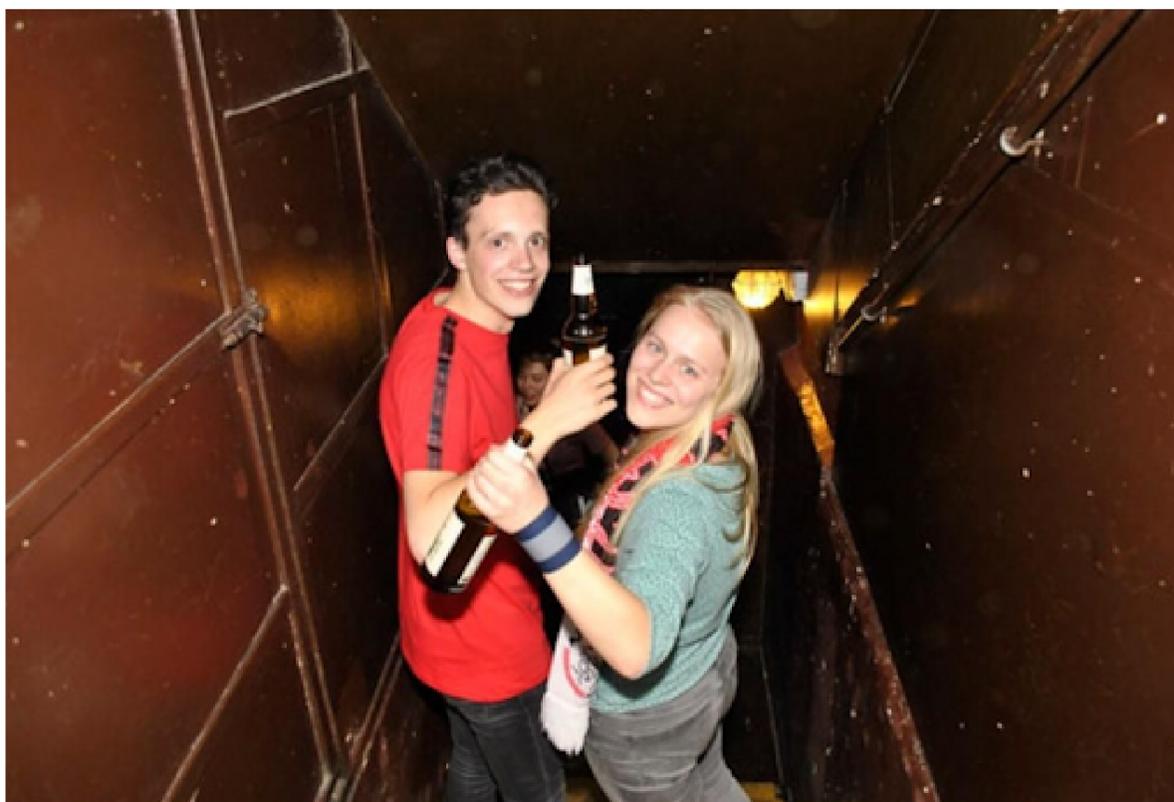
Femke & Mathis
Sweaty Swimmers



Mentor parents



Rik & Nika
Tumbling Trampoliners



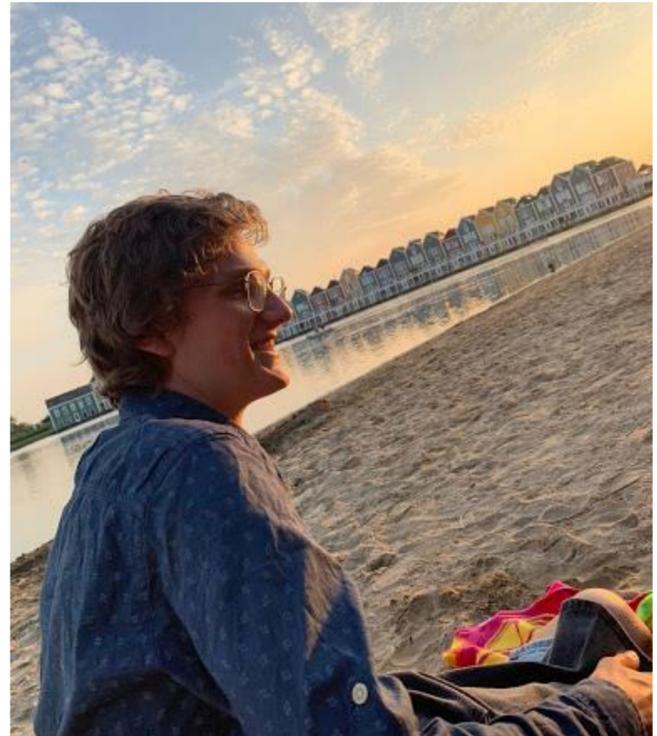
Lars & Noë
Weak Weightlifters



Current Chairman of Storm: Rens van den Berg

Hi everyone,

I am Rens van den Berg, love to jam and meet some new people with a beer in my right hand. I am also the Chairman of Storm and would like to welcome you to the study Global Sustainability Science. Global Sustainability Science is a great study which has a lot to offer and I hope you will enjoy it as much as I have been doing.



Whether you have studied before or not, you have made a big step and an awesome time in your life is ahead: 'the student life'. I remember my first year very well. The intro week back then was great and I was amazed by all the people who had the same

worldview as me. I joined the photography committee and enjoyed a lot of the Storm activities such as a beer cantus, vegan dinners, an unbelievable trip abroad (BC) and opportunities to work on my career.

This year the introduction will be a lot different than what everybody is used to. We will try and make it as good of a time as possible for you guys, because your introduction is something that will stick with you through your entire study career. Yes everything is different now, but do not worry! We are organising everything we can. So you bet ya that when we can go out again, the parties, excursions, trips and more will be there waiting for you! See ya in september!

Rens van den Berg

Chairman of Beaufort Ten, 29th Board of Storm



Candidate Chairman of Storm: Maite van Dijk

Dear new students,

First of all, welcome to the study Global Sustainability Science and even more importantly, welcome to our beautiful study association Storm! I am Maite van Dijk, 20 years old and I am the candidate Chairman of Storm. I love traveling, being active, doing sports and chilling with my friends.

Most of you have probably had an unusual ending to your high school career due to the situation around COVID-19 and maybe you have missed out on some exciting things. We hope to make up for it this year by giving you a wonderful start to your student life. Transitioning into a new phase can be scary, but it is also very exciting! People always say that you will never forget your student life, and this is definitely true! In these coming years you will grow as a person, do so many fun things and meet so many amazing lifelong friends.



I still have many wonderful memories from my own introweek and I hope that you will have as much fun as I had. After my own introweek I joined the Sports & Games committee with whom I organized a lot of super fun activities and this year I was a part of the Crossing Borders Committee that organizes the annual Storm trip. Next to these committees there are a lot of other amazing committees that organize fun activities throughout the year. I joined a lot of the activities in my own Storm career and hope all of you will join them too this coming year!

The introduction week marks the start of your time at university and I am sure it will be great! You will get to know each other as well as many older Stormers who will be there to show you around in the beautiful city of Utrecht and join you at all the fun activities. You will make great memories this week and do not worry, the fun does not stop when the week is over as you will continue to make friends and do fun activities for the rest of your student life! I will be around the whole week and I am really looking forward to meeting all of you in person and drinking some beers together!

Lots of Love,

Maite van Dijk

Candidate Chairman of the 30th Board of Storm



Candidate Commissioner of Internal Affairs of Storm: Astrid Minnema

Dear first years!!

In a month or two you will start a new chapter of your life! With the sudden end of physical education in your last year of high school or other study, we want to make sure that you feel comfortable in Utrecht, in your new program Global Sustainability Science and hopefully in our beautiful association Storm. Starting in this introduction week, you can enjoy all sorts of fun activities, meet new friends and create wonderful memories that will immerse you into the student life of Utrecht.

To introduce myself, my name is Astrid Minnema, I'm 19 years old, and I am the candidate Commissioner of Internal Affairs of the 30th board of Storm. I love making music, playing volleyball and taking pictures of everything around me. Last year, I started GSS and I still have some great memories of my own introduction week, including a great group of people that are still my friends today.



I hope you experience as much joy as I did and do feel free to reach out to me or one of the other candidate board members before, during and after the introduction week! You can always find us in the Storm Room in the Buys Ballot building, room 2.79, or email us at bestuur@stormutrecht.nl. In case you can't reach me in person, I am always available via Whatsapp on +31 6 29 43 43 46.

I am looking forward to meeting you all soon, until then be safe and enjoy your vacation!

Astrid Minnema

Candidate Commissioner of Internal Affairs of the 30th board of Storm



Our Patron: Klaas van Egmond

The year 2020 is not an easy one, neither for the world as a whole, nor for students who intended to continue their education at the university. The global Coronavirus pandemic has brought society near to a standstill. It already complicated high school exams and forced university teachings to move from classroom lectures to the digital environment of video conferencing. Although a certain level of economic activity and scientific education can be maintained in that way, it implies a significant loss in terms of social interaction. Apart from the direct contact between university teachers and students, this is especially relevant for the mutual social contact between the students. In the critical phase of becoming adults, they have to learn as much outside as inside the classrooms. With respect to the first, the study association for Environmental Sciences in Utrecht (Storm) already plays an important role under normal conditions. But under the current conditions which challenge social cohesion, also among students, this role will become even more important.



Notwithstanding these dramatic circumstances, the Corona crisis on the other hand is an interesting phenomenon from a scientific perspective, especially in the field of environmental sciences and sustainability issues. Although the discussion about the origin of the virus is still going on, the 'global change' which it brings about in terms of health effects, economic and social disruption already for a long time is the very research object of these sciences. Herein the patterns of interaction between society, economy and the earth's ecological system are studied. Now societal and economic activity has become dominant over the natural ecosystem and the face of the earth is shaped more by human nature (antropos) than by nature, we are entering the new geological era of the 'Anthropocene'. Herein the general notion is that we gradually surpassed the earth's carrying capacity and as a consequence now are facing the limits to further physical growth. Apart from many questions about the physical system, such as climate change, students also have to understand the social, demographic and psychological backgrounds which brought about the current critical situation. Students have to learn to handle these type of interdependent questions about the social and ecological system as a whole and at the same time must have the ability to look into, and understand the details of the underlying processes. As such the study of environmental sciences and sustainability is a very demanding one.

But the study association Storm comes to the rescue. Complementary to the university teachings they create educational activities that place the different disciplines and fields of research in a broader context. Storm for example organizes excursions, conferences, debates and a yearly career symposium in collaboration with different enterprises. Here students can orientate on their career after their time at the university. They also engage the parents of our students in their work and in their living environment by organizing the yearly parent day. At the same time the organization stands up for the interest of students with respect to the quality of our university courses. The members of the Storm board keep a friendly and where necessary formal contact with professors and staff. But beside this and most important, the student association has an effective social function; she enables the individual student to acquire the necessary social network within the university community. And under the current, extraordinary situation, this gains even more importance.

Klaas van Egmond
(Emeritus) professor on Environmental Sciences and Sustainability
Patron of Storm



Head of the Department: Margien Bootsma

Welcome to Global Sustainability Science!

We're living in unprecedented times. The past months have shown once more that humanity can only achieve sustainability when environment, society and economy are in balance. Due to globalization patterns, the coronavirus could rapidly cause a pandemic that has changed our way of living and economic activities drastically. Countries that are in lockdown show a remarkable drop in greenhouse gas emissions and air pollution, indicating that it is indeed possible to improve environmental quality. However, the quick return of air pollution in China also indicates that, from a sustainability perspective, 'back to normal' is not the preferred way to go.



This picture on this page was taken in Costa Rica, one of the biodiversity hotspots in the world. Biodiversity is important for sustainability of our natural world as well as for human health, and biodiversity experts warn that it is likely that pandemics like COVID-19 could occur more frequently unless we stop destroying nature.

These are just a few examples of the many sustainability challenges that you have decided to devote your (professional) life to. We will meet each other regularly during your participation in the Global Sustainability Science programme. First of all, in the introductory course Sustainability Challenges we will explore the main causes of sustainability challenges and their solutions. Personally, I have been involved in teaching introductory courses in environmental and sustainability sciences quite some time now, and I am happy with this course that will introduce you to the field of sustainability science as well as several important academic skills. Second, as the programme leader, you can always approach me with questions about or remarks on the programme

The current coronavirus pandemic is expected to have a lasting effect on our way of living, and also on your life as a student - like you've already experienced in the past half year. As a university, we are going through a steep learning curve in offering online, blended and at distance education next to 'normal' educational activities on campus. We hope to go 'back to normal' as soon as possible, however it will probably be a slightly different normal than before in this respect as well.

You're about to start your new adventure of becoming a sustainability scientist. You will meet new people, and make friends – some of them will turn out to be friends for life. So, again, welcome to Utrecht University and Global Sustainability Science. Have fun, be inspired, challenge your peer students, your lecturers and, most of all, challenge yourself!

Dr. Margien Bootsma
Associate professor Environmental Sciences



Committees of Storm

As a member of study association Storm, you have the opportunity to join one or more committees, which are described below. All these committees have a different function within the association. Every committee has a place for 5 to 8 members to fulfill its tasks over the whole study year. If you decide to join a committee, you will have meetings with your committee to organise and set up activities for Stormers. Joining a committee is a great way to meet new people and give your own creative input to the organization of activities.

Intro Committee

Hallooo future Stormers, how good of you that you are actually reading this page #proud! Ofc we have to start the committee page of this booklet with our own committee, the Introduction committee. So, as the introduction committee, we are responsible for organising the Introweek of Storm (duh) and to make it more successful than Trump's presidency. Goal of the Introweek: All first years will get to know the study, their fellow students, professors and most importantly: Storm. We hope we will succeed in doing so for you guys;)

It is the job of Intro to make this week as legendary and unforgettable as possible. How? By planning exciting events during the week that are representative for Storm. This entails excursions, games, a sustainable introduction stunt (DIS), staff-student drinks, parties, kahoots (big SO) and of course: the Introduction Weekend! As you can see, organising the intro is quite diverse, so there always is something to do that suits you best. We all would truly recommend you to do the intro committee, and we challenge you to make the next introweek even better than ours (which is impossible of course). EDIT: This piece was written before the corona crisis. We hope that next year's introduction will be as amazing as we wanted to make this year's introduction!! Muchos succes, intro 2020 xx

- Tom Hooijer

Sustainability Committee

The sustainability committee strives to raise more awareness on sustainability by the members of Storm. There's a lot of room for creativity which makes it a lot of fun :). For example, this year we started with a committee instagram (@stormsgreengals) in which we share sustainability tips! Other activities organised by this year's committee are challenge weeks with topics like eating plant based and living with zero-waste. Being part of the sustainability committee means organizing fun activities and thinking of creative ways to apply your study in everyday life!

- Eva Land

Pixcie

Pixcie is the photography committee of Storm. We make sure that the best moments of the events are captured and remembered! You will divide events with your fellow committee members, with whom you will become really good friends and attend these events while occasionally taking pictures. You are not required to have any previous experience in photography, you will learn the basics during a workshop and develop your skills during events. Compared to other committees Pixcie doesn't take up a lot of time. You will meet every other week to divide the events (and maybe have a drink :D). If you are looking for a committee which is not time intensive and want to meet a lot of people during events, Pixcie is definitely a good choice!

- Jorn Meijssen



Committees of Storm

Media Committee

We are the media committee, the most cool committee in the world!! We do a bunch of stuff: blogs, instagram memes, magazines, podcasts and all the interactive activities you could imagine. If you join us, you will learn how to work with media at your best possible level and have lots of fun in the virtual world, which nowadays is becoming more and more important. Do not miss this chance to improve your IT skills in a fun way :)

- Silvia Lopes

CBC (Crossing Borders Committee)

Do you like travelling, sustainability and meeting lots of new people? Then the Crossing Borders Committee is the right one for you! CBC is in charge of organizing a 10-day trip by bus (with our amazing bus driver Ton) where 60 Stormers will visit different countries and do all kinds of fun activities (plus a lot of going out, so definitely worth it!). CBC is one of the most intensive committees, we have meetings every week and you need to be responsible and keep up with all your to-do points. But meeting every week also means that by the end of the year your committee members will become your family and your best friends! Each year the destinations of the trip are top secret and are not revealed until BC announcement night. So, one of the funniest things about being on CBC is that you don't organize many events but yet everyone seems to know you because they want to ask you about where BC is going this year! I would encourage everyone to join **CBC** because it helps you grow as a person and allows you to meet the most amazing people during an unforgettable trip! ♥

- Paula Martin Aguayo

EdProcie

Hi firstyears! Have you always been interested in improving and engaging with your education? Edprocie is where it's at! The Edprocie (education and promotion committee) takes care of the Course Evaluation Panels (CEPs) after each period, in which students get the opportunity to voice their opinion on courses they just followed. Furthermore, we are also in charge of organizing staff-student drinks, bringing teachers and students together through fun activities. However, the biggest event of the year is organizing the Parents' day, where students take their parents and show them what it's like to be a student for a day!

This committee is not extremely intense in workload, but is still very nice to chill with the committee and try to improve education along the way!

- Valerie de Rijk

LEX (Lectures and Excursions)

The Lectures and Excursions committee a.k.a. the LEX is a little different compared to most of the other committees. Whereas most committees are organizing fun parties and games, the LEX organizes rather serious and educative, still very interesting and fun activities! Last year we went to a sustainable chocolate factory and we organized the very first full day L'EXperience to Maastricht with multiple excursions. The most interesting part of being in this committee for me is that it is a mix of serious and educational stuff and fun meetings!

We organize activities throughout the year to put some L'EXtra knowledge in your brain. But don't worry, we make sure our events are L'EXcellent and fun too! If you are up for fun meetings, making new friends, learning about sustainability topics that you find interesting and improving your organization skills, the LEX-committee is definitely something for you!

- Nika van Leusden



Committees of Storm

KoloKolo

Kolokolo is the most fun committee. It combines helping people to achieve development in a sustainable direction by collecting money for charity, and fun events for a better connection between students. From parties to auctions, all can be done. The most rewarding thing is, you have so much fun planning and hosting events, while also collecting money. Kolokolo allows you to feel good about yourself by giving to others. Oh and of course: beerpoints, alcohol, parties, movies, events, member meetings, making new friends; everything inclusive.

- Sascha Fast

PS: Kolokolo usually has the coolest members too, although others will deny → Jup, we as INTRO are definitely denying this, we are the coolest EASILY.

Party Committee

It's a party in the GSS! ☐ That's the spirit you need to have in the party committee of Storm, because as the party committee you organize the parties and do some work when they are actually happening. So the first advantage is that you are present at all parties, although there really isn't a reason why you shouldn't be otherwise! And it is just really fun to come up with the themes and see how everyone will dress up for them. Lastly, you help with the party coming to a good ending. The downside? Having 2 hours of sleep sometimes, but that should be fine! ☺

- Vince Ippel

SusChefs

The SusChefs is Storm's cooking committee and we are responsible for the monthly dinners and the DIES dinner. Every month we invite Stormers to get together for a cheap meal and of course it's always vegan! Not only do you get an amazing meal, but also get to hang out with friends or get to know new people. For those unable to attend the dinners we made a cooking book with all the recipes from the monthly dinners. Usually our committee also plans some snacks in the Storm room (BBG 2.79) during exam time, but this year unfortunately we weren't able to do so.

- Gabrielle Bowen

Sports & Games

Sports and Games is one of the more active committees within Storm. The committee has a meeting roughly every 2 weeks, with upcoming activities you might meet every week. This is needed to organize the many creative events and at least the two weekends that the committee will be organizing. One of the weekends is dedicated to the infamous Sailing weekend, the other weekend is free to choose for the committee itself, so let your imagination run wild! To be in the Sports and Games committee is most of all lots of fun and speaking as a first year, great to know everyone from the other years as you have a wide range of people coming to the activities. The Underdogs ☐

- Coen Rouppe van der Voort



Committees of Storm

First-Year Committee

Being new to Storm can seem a bit daunting at first. That's why the first-year committee exists! This is a committee for first-years and by first-years. The committee's goal is to make all first-year Stormers feel at home within the association, and they promote first year-older year integration! They do this by organizing many kinds of different events and activities. The most fun aspect about this committee is the amount of freedom you have to be as creative as you would like to be with the activities you organize. Will you celebrate a sinterklaas styled pubquiz? Organize a scavenger hunt? Or will you think of something entirely else? The possibilities are endless! Stormborn, the current first-year committee has had a blast coming up with fun activities and wishes all the best to next year's first-years who will fill their shoes!

- Berend van Leeuwen

Lustrum Committee

The Lustrum Committee is a very special committee. It's created once every five years to organise the Storm Lustrum! It's a very active and big committee, and doesn't last just one year, but at least a year and a half! Super exciting, right? During the last Lustrum, the committee organised, for example, a gala in a castle and a symposium, amongst many other super fun activities. It's one of the most intense committees Storm has to offer, but it's also a very rewarding one. And don't forget, you're lucky!! It's installed only once every five years and this is that year! Storm's Lustrum will be in the academic year of 2021-2022, so the committee has plenty of time to set up something we will never forget!

- Marieke Wennemars

E-Committee

Hello, I am the Commissioner of Promotion of the E-Committee. Our main job is to create all the lovely posters for Storm events! You have a lot of creative liberty and can make every poster your own. You may be wondering what kind of events our committee organizes. Our year came up with a fun game week in which we organized events like a board game afternoon, a Wii event and a Dungeons and Dragons evening. We also organized an online pub-quiz (due to the Corona situation). It is a super fun committee that meets every 2-3 weeks. So if you're even a little bit creative, join this committee!

- Tamara Luiken

Career Committee

Hi guys! My name is Lisabelle and I was in the Career Committee last year. This committee is one of the more serious committees of Storm, but that doesn't mean it is less fun! The goal of the committee is to get nice partnerships with interesting companies. These companies can be as diverse as you can image, because we GSSers can end up at all these different places/workfields when we get our degree. You meet once every week (or a little less) with your committee and the rest of the work is mainly mailing companies and organizing locations for the events. For these events you can think of the Annual Symposium, a Networking Dinner or a Case Night. This committee offers you a chance to get insight into the variety of possibilities we have after our studies and to expand your network in the sustainability field. But most importantly, you will work with a super motivated, fun and exciting group of people during the year to offer Stormers the best career events. If you have any questions, you can always contact me or any other (old) committee members!

- Lisabelle Busscher



About Utrecht

The City of Utrecht has lots to offer to you as a student. This typical Dutch city, with only 357.000 inhabitants of which 63.000 are students, provides the best facilities for a sparkling student life!

Hotspots and highlights:

The Neude

The first hotspot you find after leaving the central station is the Neude. Neude is Utrecht's most famous square for tourists and students. In summertime the place is filled with terraces and during the winter the square is used as an ice rink. The Neude is nationally known for its place on the Dutch monopoly board.

The Dom

The highest building of the city is the tower of the Dom Cathedral. With its 112,32 meters in height the Dom is a symbolic landmark and one of the most touristic places of Utrecht. The citizens are so attached to the sacred tower, it is not allowed to build buildings that are higher than The Dom in the city center.

Wilhelminapark

One of the best spots in Utrecht to relax on sunny days. The Wilhelmina Park is located on the way downtown from The Uithof. The park offers greens to play ball or to keep up your tan. Bring some beer and enjoy the sun!

The Uithof a.k.a. Utrecht Science Park (USP)

Here you can find the biggest concentration of knowledge in the Netherlands. The Uithof is the name of the science park in East Utrecht. Most of your classes during your academic time are given somewhere on The Uithof. It is a place for learning but also a spot for socializing.

Nightlife Utrecht's

nightlife has something to offer to every type of person on almost every night of the week. All bars and clubs are at walking distance on Neude, Janskerkhof, Nobelstraat and many other places. Storm also organizes great parties and once a month there is a drink for all its members. On Thursdays, the Tivoli Vredenburg is the place to be! During the weekends all the clubs and bars are open for some drinks and your best dance moves. Also, make sure you join the crazy student house parties all over the city! Of course, you can (and should) also ask you intro parents for the best places to go, as they have experienced it all!



Studying at UU

New to studying? Here are some tips. This info should get you on the right track.

GSS and Courses:

As you might know, Global Sustainability Science is Utrecht's bachelor study for environmental sciences. This means that you will follow courses that relate to the environment. Therefore, GSS belongs to the Faculty of Geosciences. However, it's not only mandatory environmental courses! GGS offers three types of courses that can be filled up in many different ways. There are (1) mandatory courses every GSSer has to follow, (2) courses that are required for one of the four major tracks within the studies, and (3) free electives.

1. Mandatory courses are courses that provide knowledge that every student needs irrespective of their track choice.
2. The tracks you can follow are "Water, Climate & Ecosystems," "Energy & Resources," "Governance & Societal Transformation," and "Business & Innovation." Each track has an array of courses of which six courses have to be followed to complete the track (certain tracks have overlapping courses).
3. The free elective space grants you the opportunity to choose whatever you are interested in. Would you like to learn Spanish? Sure, follow a course Español. Want to learn how to program? Want to do History or Economics? You are more than welcome at other faculties to join them. Most students use these free electives to subscribe to a minor. Another possibility for this space is to follow two tracks if you are not sure about choosing one.

N.B. More information on the mandatory courses and the track courses can be found on the uu site (<https://www.uu.nl/bachelors/global-sustainability-science/studieprogramma>)

Blackboard, Osiris and other platforms

The first one sounds like a thriller series and the second one is an ancient Egyptian God. However, these two platforms will provide vital information for any student at UU. If you had an online platform in your high school (for Dutch students; Magister, Som, Itslearning etc.), it is probably comparable to Blackboard. You can also find an app in the appstore for Blackboard. Blackboard will be your primary source of communication from your teachers. Here you will find all the things you need, hand in your assignments, and, most importantly, find your course manual. As an older student to an inexperienced one: "READ YOUR COURSE MANUAL!". This provides all the useful information you can wish for at the start of a semester.

In addition to this there is Osiris. This platform provides information about the courses, and enables you to subscribe to them. Make sure to keep an eye on the subscription dates to make sure you can follow courses. Do not worry about the first period, the university already arranged that for you!

Other platforms useful for your time as a student are the MyUU app that shows your student card, study progression and timetable for courses, and your student gmail account. Every student gets a gmail account which can be helpful to get in touch with other students and teachers. Besides, you will also be notified about announcements from your courses or the university on your gmail account.

Important buildings

There are many buildings on the science park, and in the beginning, it will probably feel a bit like a maze. But luckily you don't have to be in all buildings, in the first year it is mainly the Ruppert building, Educatorium, KBG and BBG, Minnaert. The nice thing about the science park is that many buildings are connected to each other and you can therefore quickly move from one building to another. To get to the science park quickly, you can come by bike or take the bus/tram. If you come by bus/tram you can get off at Padualaan for KBG, BBG and Minnaert, and for Ruppert and Educatorium you get off at Heidelberglaan. On the map below (p. 38) you can clearly see where everything is. If it is not completely clear for you yet, do not worry. During the intro week your mentor parents will give you a tour so that you can find everything quickly.

Nice places to study

Unfortunately, being a student is not just fun. Often you will have to learn for an exam or make an assignment. The university has many great places for you to study in a good environment. There is the UB (the university library) where you can find a seat in the 'free area', but you can also reserve rooms here to work on a project with multiple people. Book these in advance, otherwise they will probably be occupied! Most of the other buildings at the USP, such as KBG, BBG and Minnaert do also have many nice study areas. These include not only places to study on your own, but also group rooms and study booths. So all in all, there are more than enough options and you will soon find out what your best place to study is ;).

Where to have a break and get your foodies

The one and only supermarket on the whole Science Park is the Spar. Close to the Spar you can find the pizzeria Tricolore, Utrecht's famous "Broodje Ben" and also restaurant The Basket is very closeby. Furthermore, you can have a nice coffee in Jazzman's, beneath the Minnaert building. But most of us get our food in the canteens at The Science Park, nearly every building has one. The Science Park can provide most kinds of food, but for a cozy or nice restaurant you will need to go to the city center. Luckily there are more than enough nice places in Utrecht, so finding your perfect place for a coffee or a meal should not be too hard. To have a break, we recommend the botanical gardens. It is a place to relax, enjoy your surroundings and take a break from studying inside, and it's free for students! It is located at the Science Park in front of the buildings in which you will often find yourself.



How to get a bike

OV-bike

For the whole introduction week, it's really important that you have access to a bike. If you don't have a bike, you can rent an OV bike from the NS. You can rent an OV-bike from various locations: it's available at the station, but also in the bicycle shed next to the Library of the Uithof. To rent an OV-bike, you need a personal OV-chipcard and you need to register for OV-bike rental.

STEP 1 (A personal OV-card):

In order to register for the OV-bike rental you need a personal OV-card. A personal OV-card just means that the card directly correlates to you, whereas an anonymous OV-card can be used by anyone (but you cannot rent a bike with an anonymous card). You can use the OV-card to use public transport in the Netherlands. Therefore, a personal OV-card is really useful when you live here. An OV-card costs €7,50 once, after that, you have to top up the balance on your card to travel with it, or to rent a bike. It will take a few days before your personal OV-card will be sent to you, so make sure you have the card before the introduction week if you want to rent an OV-bike.

STEP 2 (Register for OV-bike rental):

To rent an OV-bike, you need to have a season ticket. By visiting the site <http://www.ns.nl/en/door-to-door/ov-fiets> you can easily arrange this season ticket online, and link it to your personal OV-card. The NS charges €0,01 a year in order to verify your personal and payment details. Just follow the directions on the site. Unfortunately, not everything is explained in English, so maybe you should ask a Dutch person to assist you. Once this is done it will be possible to rent an OV-bike within 30 minutes.

STEP 3 (Renting the bike):

Using the OV-bike costs €3,84 per 24 hour period. If you keep the OV-bike for longer, then you are charged for additional rental periods (up to a maximum of 72 hours). For time exceeding 72 hours you pay a €5,- surcharge per 24 hours. Furthermore, if you return your OV-bike to a different location than where you rented it, you will be charged a €10,- fee. So make sure you return your bike on time and at the same location where you rented it. There are a lot of locations near the station where you can rent an OV-bike. For more locations visit <http://www.ov-fiets.nl/huurlocaties>.

Swapfiets

If you do not have a bike yet and want to rent one for a longer period of time, an option would be the Swapfiets. The Swapfiets is a company that rents normal bikes for €13,50 per month with a student discount (€15,00 without student discount). To get the discount you need to show your student card which you can find in the MyUU app. For a deluxe bike you will need to pay €19,50 euros per month. The bike is trustworthy and reliable and the advantage is that whenever the bike is in need of a repair or gets stolen you get a (new) working bike within 12 hours at your chosen location. This saves time and money!

Some notes regarding Swapfiets:

- The rental is terminable on a monthly basis.
- The bike has a theft insurance with €40,- deductible excess.
- The reparation costs are free.
- They are available between 08:00 and 22:00.

So, If you do not want to pay for an OV-bike but do need a cheap, long-term other option, the Swapfiets is definitely recommended. You can sign up at <https://swapfiets.nl/en/offer/utrecht> and find more information on the site or visit them at their shop close to Neude!



Green Student Initiatives



As sustainability students we would love to attend a real sustainable university, right? Luckily, the University of Utrecht has a special department to make sure that the university lives as sustainable as possible. This is the Green Office. You can find them on the Uithof at Heidelberglaan 8 or in the city centre at Drift 13. The Green Office has many projects that introduce students to a sustainable lifestyle such as the pop-up thrift shop in the canteen of Educatorium. For more information you can visit:

<https://www.uu.nl/en/organisation/green-office-utrecht-university>

With DuKo, students receive discounts on sustainable products. In this way you get to know great products that directly contribute to a better world varying from fashion to food and much more! In Utrecht you'll get a discount at over a dozen shops such as a 15% discount on sustainable clothing at Nukuhiva or a free upgrade to a large portion of fries at Dapp Frietwinkel. In case you are



Duurzame korting voor studenten

looking for an original and sustainable gift, drop by WAAR, where you get a 10% discount! Alongside Utrecht you can use DuKo in Den Haag, Nijmegen and online. Do you want to learn more about sustainable products and buy these with a discount? Purchase the DuKo-app for only €2,50! Both Android and iOS systems support the app. DuKo was started a few years ago by a couple of Storm members. Are you interested in helping them or just want more information? Check their website at <https://dukostudent.nl/>!



Groentetas is an initiative that provides weekly bags full of locally produced vegetables and fruits that are seasonally grown. For only 6 euros per week you can get this weekly "vegetable bag" and you can order and pick

up your groentetas in the Educatorium canteen every Monday between 11.00h and 14.00h. You should order your groentetas a week in advance, so while picking up your bag you can order the following week's bag. It's also possible to order the groentetas online. The groentetas is a great place to get all your locally grown, sustainable vegetables. It could even be the case that you discover vegetables you have never tried before or of which you didn't even know the existence of. If you like cooking it is a great way to get inspiration for new recipes. At the groentetas you always pay in advance so they order the right amount of bags, thus reducing food waste. So go and visit the Educatorium on a Monday and have a look at the groentetas! And also visit their website at <https://groentetasutrecht.nl/>!

If you are interested in helping out the groentetas and supporting local, sustainable vegetables you can always apply to be a volunteer or maybe even join the groentetas board. Both are a lot of fun and a great way to meet new people who are also interested in sustainability!



Order your books

A new study also means new books! In your first year you will start with the courses Sustainability Challenges and Mathematics and System Analysis. The books needed for these courses are:

Sustainability Challenges (GEO1-2410):

- Mulligan, M., 2018. An introduction to sustainability. Environmental, social and personal perspectives. 2nd edition. Routledge London and New York. ISBN: 978-1-138-69830-7
- Effective Scientific Writing van Aleth Bolt en Walter Bruins (VU University Press, 2016). ISBN: 9789086596171

Mathematics and System Analysis (GEO1-2411):

- Jan Craats, All you need in maths, 2014. ISBN:9789043032858

If you become a member of Storm you are able to order your books (with discount!) online via: <https://www.stormutrecht.nl/education/order-your-books>.

In the end, you buy the books with StudyStore, for which you also need an account. Thereby, please note that for possible questions about the order itself, you need to contact StudyStore. Storm only facilitates the process and has no insight into details about orders and delivery. For any other book related questions, you can always send an email to: onderwijs@stormutrecht.nl.



Programme from day to day

Monday

The very first day of your introduction experience is going to be online. This will be very easy going and will give you the chance to ease into it. The morning will consist of 5 brief introductory talks:

- An introduction into the association Storm by Maite & Astrid
- A speech by study advisor Pieter Louwman
- A presentation by program leader Margien Bootsma
- A presentation by dean Wilco Hazeleger
- An inspiring talk by professor Klaas van Egmond
- Last but not least more information about the introduction week will be presented by Marieke and Jet

The specific time slots will be spelled out on the day itself.

Between these introduction talks you will have a lunch break and an online meetup with your introduction group. Your two parents (for the week) will be waiting for you in a call. Now is the time to get to know each other, play games and ask questions. The remainder of the afternoon will be free for you. In this way you can gather all your energy for the evening. You and your group will participate in an online escape room at 7 pm. When you have won/finished the game you are very welcome to have some drinks with us.

Tuesday

On tuesday you will start the day with an inspiring **online excursion** organized by L'EXperience (the excursion committee). They recorded a tour through Utrecht which you can watch before the physical activities. This excursion will also include a quiz with a great prize! After the excursion you will meet with your group to have lunch together. After lunch the **DIS** will start. There are **five DIS activities**, each at another place in Utrecht. During the week you will get to hear which activity you will join and you will be expected to be at the activity's location at 15.00 pm. What you are going to do exactly will be explained at the location as it is quite much to explain in a booklet :). But it will definitely be entertaining and educative!

Wednesday

Wednesday will be fully focussed on Storm, and probably your first day of hopefully many days of studying at the Uithof! We will introduce you to all the different committees of Storm. Of every committee, a duo will explain what their committee does and what the committee is about as enthusiastically as possible, and they will try to convince you to join that committee next year! Furthermore, you will subscribe to Storm, which will give you the opportunity to join next year's activities, weekends and other trips. This also gives you discounts on study books. Don't forget to bring your own laptop!



Programme from day to day

Thursday

Thursday is our second online day; but after a busy Wednesday and a morning filled with lectures, it is quite nice to do all activities from your own home! In the afternoon you can choose between different Do It Yourself projects to make something you didn't know you needed, but you definitely do! We will guide you via Zoom to make sure everything turns out great. For some of the projects you need some supplies that we will provide you with on Wednesday. Therefore, you have to choose a project already on Monday. Don't worry, your very capable mentors will further inform you about this. In the evening, you have the opportunity to get to know all of your teachers and teaching assistants! We will play some online games together, so you will get to know them before everything officially starts. After the games, you are more than welcome to stick around and have a drink! The games will be on Microsoft Teams, to make sure everything runs smoothly.

Friday

Friday is going to be a short day. We initially had planned lots of cool activities like the battle of the introgroups AKA The Introlympic Games, a real-life cluedo and free food & drinks to finish the week. However, since the new corona-rules don't allow us to continue with any of these activities, we had to come up last-minute with new things to do online. But we figured that this would be the 1000000th online activity (blegh) so we decided to keep Friday short with one activity only; A super-duper-mega-awesome online cluedo with the board and us as characters. Plot: The closing ceremony of the Introlympics has gone terribly wrong and you must discover who the murderer is. After this, we want to give you the opportunity to chill a bit online with your own group to end the week. Online-hug and online-kiss each other goodbye because the Introlympics have come to an end. Although corona has been a massive pain in the *ss this week, we still hope you guys enjoyed the Introweek & that you have had the opportunity to start some (beginning) friendships with your fellow GSS-students.



Packing List for the Week

- Laptop
- A bike (very important!)
- Wallet (including OV-chip, ID, bank card)
- Mobile phone (With UU-app)
- Pen and paper
- Tupperware and Tableware
- Rain gear
- Water bottle
- Sun Protection (Sunglasses, Sunscreen, Lip balm with SPF, Hat)
- Gift for your mentor mom and dad (you can arrange this during the week with your group)
- Gift for the committee
- Face mask for PT



FAQ

- **Does the intro week cost any money?**

Unfortunately, yes. To ensure we deliver you the best possible week of your life, a small contribution is necessary. For the week, this will be €10,-. Since the week is obligatory, this contribution is also obligatory.

- **What if I don't have a place to stay in Utrecht throughout the week?**

Normally you can always stay at one of your mentor parents' places. However, due to Corona this is not allowed this year. The week has been planned in such a way that there is enough time to travel from and to your parents.

- **What if I don't have a bike?**

It is highly recommended that you have a bike with you throughout the entire week. This is because we will often move from place to place throughout several activities. If you don't have your own bike in Utrecht, you can always rent a cheap OV bike or through a 'swapfiets'. (which is explained on the page "How to get a bike").

- **What if I have food allergies or specific diet requirements?**

Don't worry! All meals prepared at all Storm activities are 100% vegetarian, with vegan options included.

- **What if I suddenly fall ill during the week and cannot continue the Introduction Week activities anymore?**

Let one of your mentor parents or one of the Introduction Committee members know the day before. If you will miss one of the lectures or working groups from your university courses, you can look up the course manual on Blackboard (explained on page 33) to read what to do. Also, if you have corona symptoms, obviously stay at home.

- **Where can I find the schedule of my courses?**

You can download the free Utrecht University app (MyUU) where you can find the schedule of your courses. Will be available a few weeks before the course starts.

- **How can I find a room?**

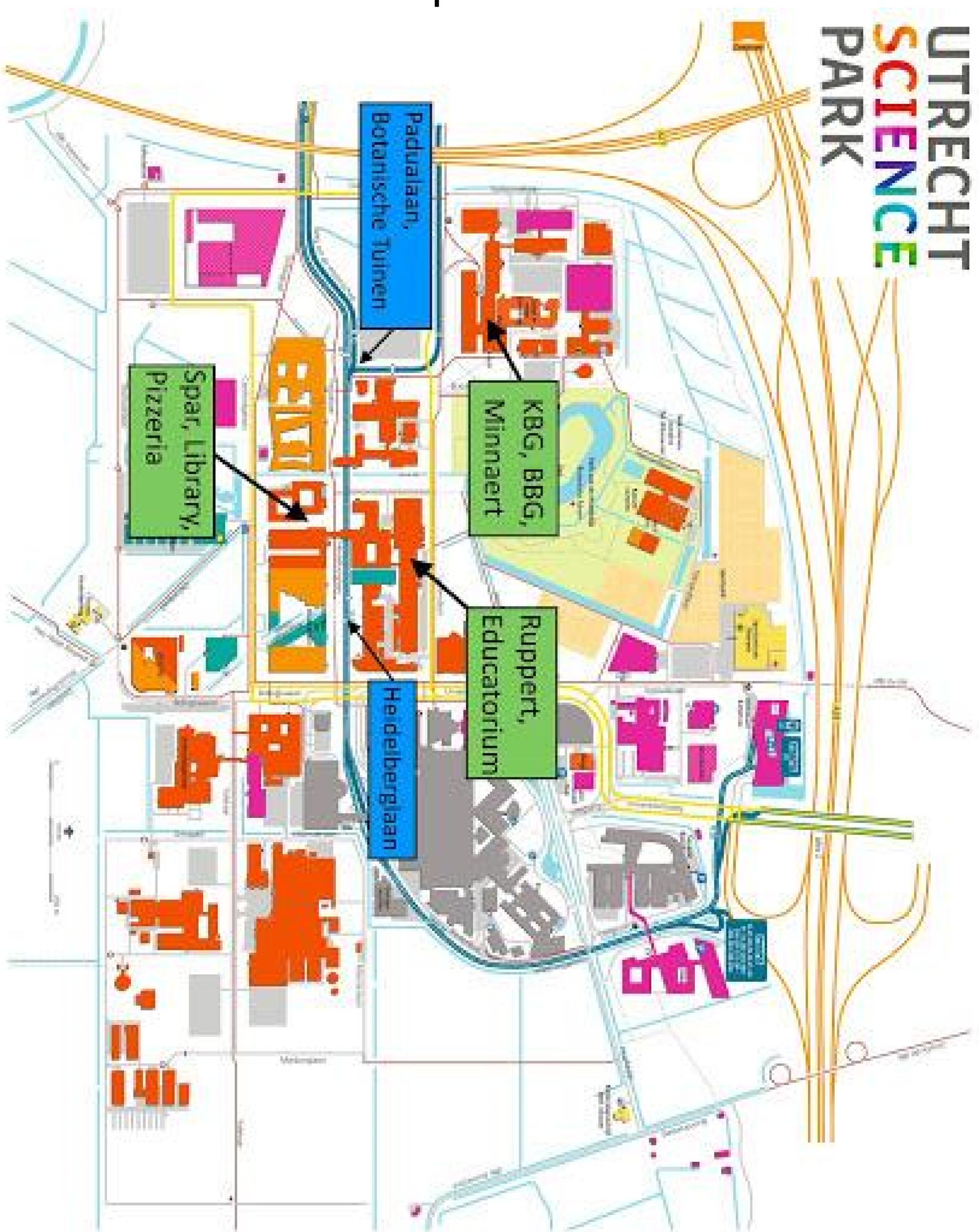
You can find a room by reacting on advertisements on Facebook. There are a lot of groups on Facebook in which people offer rooms in Utrecht. Further you can join www.sshxl.nl, which also offers rooms (takes some time to be eligible for a room).

- **How much do I have to study?**

We can't tell you how much you have to study because this is different per person, but the university bases its curriculum on 20 hours a week per course. You will follow two courses at the same time, so it will be about 40 hours per week.



Map of USP



**UTRECHT
SCIENCE
PARK**

Contact Details

Email Address:

introcommissiestorm@gmail.com

Phone numbers:

Lotte Bakker	+31 6 34092925
Joshua Clemens	+31 6 39268621
Harriette van 't Hoff	+31 6 24419269
Tom Hooijer	+31 6 20788623
Jeska de Jong	+31 6 40348498
Lois van der Kleij	+31 6 40078087
Marieke Wennemars	+31 6 81632770
Lotte Wolf	+31 6 29514199

Any questions?

You can message any of us about the introduction week or send an email to our email address!

The Storm Room

Buys Ballotgebouw 2.79
Princetonplein 5
Utrecht

